

**Results**

Distance: 10000 m

Rank	Ctry	Bib	Name	Time	Position	Result
1	Germany (GER)	21	REH Alina	32:15.47	1	1:37:40.69
		20	MAYER Domenika	32:35.95	3	
		19	DIETERICH Eva	32:49.27	8	
2	Spain (ESP)	7	NAVARRETE Esther	32:45.04	7	1:38:50.68
		9	RUIZ Cristina	32:49.60	9	
		8	PRIEGO Laura	33:16.04	16	
		6	MELERO Maitane	34:26.48	26	
		5	LUENGO Laura	34:59.60	32	
3	Ukraine (UKR)	51	ZINENKO Valeriia	32:29.81	2	1:39:03.17
		50	PROKOFIEVA Yevheniia	33:14.19	15	
		48	KALIUZHNA Viktoriia	33:19.17	17	
		49	MAZURENKO Mariia	35:51.30	37	
4	Italy (ITA)	33	PALMERO Elisa	33:02.48	12	1:39:36.77
		32	NESTOLA Sara	33:05.54	14	
		31	LONEDO Rebecca	33:28.75	21	
		28	ARNAUDO Anna	DNF		
		30	EPIS Giovanna	DNF		
		34	SELVA Giovanna	DNF		
5	Türkiye (TUR)	46	GÖNEN Yayla	32:43.29	6	1:40:10.41
		47	KARASU Fatma	32:56.80	11	
		45	ATALAY Bahar	34:30.32	28	
6	France (FRA)	15	WOLDU Mekdes	32:37.52	4	1:40:37.87
		12	ALLIER Mélanie	33:19.80	18	
		13	JULIEN Mélody	34:40.55	30	
		14	KOROTCHANSKY Aude	DNF		
7	Ireland (IRL)	26	NIC DHOMHNAILL Ide	33:24.10	19	1:40:40.07
		25	HEASLIP Shona	33:26.96	20	
		27	RICHARDSON Aoibhe	33:49.01	23	
8	Norway (NOR)	37	MARIDAL Hanne Mjøen	33:46.01	22	1:43:36.42
		39	THEISEN Mathilde	34:50.24	31	
		38	OPLAND Kristin Waaktaar	35:00.17	34	

**10000m Cup Women**

**Final**

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**Results**

Distance: 10000 m

Rank	Ctry	Bib	Name	Time	Position	Result
<b>Great Britain &amp; Northern Ireland (GBR)</b>						<b>NM</b>
		16	DONNELLY Abbie	33:04.40	13	
		18	MURRAY Rebecca	34:33.94	29	
		17	IRWIN Hannah	DNF		
<b>Slovenia (SLO)</b>						<b>NM</b>

SAT  
3 JUN 2023  
18:45

**10000m Women**
**Final B**
**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82</b>	<b>HASSAN Sifan</b>	NED	Hengelo (NED)	6 JUN 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67</b>	<b>ABEYLEGESSE Elvan</b>	TUR	Antalya (TUR)	15 APR 2006
<b>EUROPEAN U23 RECORD</b>	<b>30:26.41</b>	<b>CAN Yasemin</b>	TUR	Rio de Janeiro (BRA)	12 AUG 2016
<b>EUROPEAN U20 RECORD</b>	<b>31:40.42</b>	<b>SANDELL Annemari</b>	FIN	Atlanta, GA (USA)	27 JUL 1996

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	26	<b>NIC DHOMHNAILL Ide</b> Ireland	IRL	21 DEC 1984	10	<b>33:24.10</b>	PB
2	25	<b>HEASLIP Shona</b> Ireland	IRL	18 SEP 1994	9	<b>33:26.96</b>	SB
3	31	<b>LONEDO Rebecca</b> Italy	ITA	5 DEC 1996	11	<b>33:28.75</b>	SB
4	37	<b>MARIDAL Hanne Mjøen</b> Norway	NOR	21 SEP 1996	15	<b>33:46.01</b>	SB
5	11	<b>PEIPONEN Johanna</b> Finland	FIN	18 DEC 1990	4	<b>33:54.22</b>	SB
6	24	<b>BÖHM Lilla</b> Hungary	HUN	28 SEP 1994	8	<b>33:58.60</b>	PB
7	13	<b>JULIEN Mélody</b> France	FRA	13 MAY 1999	5	<b>34:40.55</b>	
8	39	<b>THEISEN Mathilde</b> Norway	NOR	5 MAY 1993	17	<b>34:50.24</b>	SB
9	5	<b>LUENGO Laura</b> Spain	ESP	18 AUG 1997	2	<b>34:59.60</b>	SB
10	2	<b>AVRAMOVA Devora</b> Bulgaria	BUL	1 MAR 2000	1	<b>34:59.74</b>	PB
11	38	<b>OPLAND Kristin Waaktaar</b> Norway	NOR	2 MAY 1982	16	<b>35:00.17</b>	SB
12	23	<b>TSOUPAKI Eirini</b> Greece	GRE	29 JUN 1994	7	<b>35:26.24</b>	
13	35	<b>KIRILIUK Lina</b> Lithuania	LTU	6 JUL 1996	13	<b>35:30.22</b>	SB
14	49	<b>MAZURENKO Mariia</b> Ukraine	UKR	28 MAY 1997	20	<b>35:51.30</b>	
15	42	<b>KRŠINAR Neja</b> Slovenia	SLO	27 MAR 1991	18	<b>35:57.14</b>	
16	36	<b>ŽUSINAITĖ-NEKRIŠIENĖ Vaida</b> Lithuania	LTU	13 JAN 1988	14	<b>36:03.17</b>	SB
17	44	<b>UMMEL Selina</b> Switzerland	SUI	14 OCT 1997	19	<b>36:19.63</b>	
	14	<b>KOROTCHANSKY Aude</b> France	FRA	12 SEP 1991	6	<b>DNF</b>	
	34	<b>SELVA Giovanna</b> Italy	ITA	17 SEP 2000	12	<b>DNF</b>	
	10	<b>CHYDENIUS Nina</b> Finland	FIN	28 JAN 1990	3	<b>DNF</b>	

**10000m Women**

**Final B**

**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82</b>	<b>HASSAN Sifan</b>	NED Hengelo (NED)	6 JUN 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67</b>	<b>ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006
<b>EUROPEAN U23 RECORD</b>	<b>30:26.41</b>	<b>CAN Yasemin</b>	TUR Rio de Janeiro (BRA)	12 AUG 2016
<b>EUROPEAN U20 RECORD</b>	<b>31:40.42</b>	<b>SANDELL Annemari</b>	FIN Atlanta, GA (USA)	27 JUL 1996

<b>Intermediate Times:</b>	1000m	3:18.84	37	MARIDAL Hanne Mjøen (NOR)
	2000m	6:35.79	37	MARIDAL Hanne Mjøen (NOR)
	3000m	9:56.82	37	MARIDAL Hanne Mjøen (NOR)
	4000m	13:18.75	5	LUENGO Laura (ESP)
	5000m	18:05.88	31	LONEDO Rebecca (ITA)
	6000m	20:07.08	31	LONEDO Rebecca (ITA)
	7000m	23:25.28	31	LONEDO Rebecca (ITA)
	8000m	26:48.36	31	LONEDO Rebecca (ITA)
	9000m	30:13.86	25	HEASLIP Shona (IRL)

**Weather conditions**

Temperature: 24°C

Humidity: 48%

Conditions: Sunny

**Legend:**

**DNF** Did not Finish      **PB** Personal Best      **SB** Season Best

**10000m Women**
**Final A**
**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82</b>	<b>HASSAN Sifan</b>	NED	Hengelo (NED)	6 JUN 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67</b>	<b>ABEYLEGESSE Elvan</b>	TUR	Antalya (TUR)	15 APR 2006
<b>EUROPEAN U23 RECORD</b>	<b>30:26.41</b>	<b>CAN Yasemin</b>	TUR	Rio de Janeiro (BRA)	12 AUG 2016
<b>EUROPEAN U20 RECORD</b>	<b>31:40.42</b>	<b>SANDELL Annemari</b>	FIN	Atlanta, GA (USA)	27 JUL 1996

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	21	<b>REH Alina</b> Germany	GER	23 MAY 1997	14	<b>32:15.47</b>	SB
2	51	<b>ZINENKO Valeriia</b> Ukraine	UKR	6 NOV 1995	27	<b>32:29.81</b>	
3	20	<b>MAYER Domenika</b> Germany	GER	9 OCT 1990	13	<b>32:35.95</b>	
4	15	<b>WOLDU Mekdes</b> France	FRA	20 OCT 1992	8	<b>32:37.52</b>	SB
5	1	<b>HERBIET Chloé</b> Belgium	BEL	3 DEC 1998	1	<b>32:42.54</b>	
6	46	<b>GÖNEN Yayla</b> Türkiye	TUR	1 MAR 1997	23	<b>32:43.29</b>	PB
7	7	<b>NAVARRETE Esther</b> Spain	ESP	16 MAR 1990	4	<b>32:45.04</b>	
8	19	<b>DIETERICH Eva</b> Germany	GER	29 MAR 1999	12	<b>32:49.27</b>	
9	9	<b>RUIZ Cristina</b> Spain	ESP	16 JAN 1999	6	<b>32:49.60</b>	
10	3	<b>STEWARTOVÁ Moira</b> Czech Republic	CZE	9 JUN 1995	2	<b>32:54.86</b>	SB
11	47	<b>KARASU Fatma</b> Türkiye	TUR	5 MAY 1996	24	<b>32:56.80</b>	
12	33	<b>PALMERO Elisa</b> Italy	ITA	10 JUL 1999	19	<b>33:02.48</b>	PB
13	16	<b>DONNELLY Abbie</b> Great Britain & Northern Ireland	GBR	2 SEP 1996	9	<b>33:04.40</b>	
14	32	<b>NESTOLA Sara</b> Italy	ITA	8 MAY 2001	18	<b>33:05.54</b>	PB
15	50	<b>PROKOFIEVA Yevheniia</b> Ukraine	UKR	5 JUN 1995	26	<b>33:14.19</b>	SB
16	8	<b>PRIEGO Laura</b> Spain	ESP	15 JUL 1998	5	<b>33:16.04</b>	
17	48	<b>KALIUZHNA Viktoriia</b> Ukraine	UKR	11 JUL 1994	25	<b>33:19.17</b>	SB
18	12	<b>ALLIER Mélanie</b> France	FRA	28 DEC 1999	7	<b>33:19.80</b>	
19	27	<b>RICHARDSON Aoibhe</b> Ireland	IRL	16 NOV 1996	15	<b>33:49.01</b>	SB
20	6	<b>MELERO Maitane</b> Spain	ESP	20 FEB 1983	3	<b>34:26.48</b>	
21	40	<b>RIBEIRO Sara Catarina</b> Portugal	POR	31 MAY 1990	20	<b>34:27.49</b>	
22	45	<b>ATALAY Bahar</b> Türkiye	TUR	1 OCT 1998	22	<b>34:30.32</b>	

**10000m Women**
**Final A**
**Results**

<b>EUROPEAN RECORD</b>	<b>29:06.82</b>	<b>HASSAN Sifan</b>	NED Hengelo (NED)	6 JUN 2021
<b>CHAMPIONSHIP RECORD</b>	<b>30:21.67</b>	<b>ABEYLEGESSE Elvan</b>	TUR Antalya (TUR)	15 APR 2006
<b>EUROPEAN U23 RECORD</b>	<b>30:26.41</b>	<b>CAN Yasemin</b>	TUR Rio de Janeiro (BRA)	12 AUG 2016
<b>EUROPEAN U20 RECORD</b>	<b>31:40.42</b>	<b>SANDELL Annemari</b>	FIN Atlanta, GA (USA)	27 JUL 1996

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result
23	18	<b>MURRAY Rebecca</b> Great Britain & Northern Ireland	GBR	26 SEP 1994	11	<b>34:33.94</b>
24	43	<b>ŠAJN Liza</b> Slovenia	SLO	5 MAY 2002	21	<b>37:01.41</b>
	28	<b>ARNAUDO Anna</b> Italy	ITA	18 OCT 2000	16	<b>DNF</b>
	17	<b>IRWIN Hannah</b> Great Britain & Northern Ireland	GBR	23 JUN 1998	10	<b>DNF</b>
	30	<b>EPIS Giovanna</b> Italy	ITA	11 OCT 1988	17	<b>DNF</b>
<b>Intermediate Times:</b>		1000m	3:11.03	21	REH Alina (GER)	
		2000m	6:19.17	51	ZINENKO Valeriia (UKR)	
		3000m	9:30.36	21	REH Alina (GER)	
		4000m	12:38.13	21	REH Alina (GER)	
		5000m	15:49.40	21	REH Alina (GER)	
		6000m	19:03.67	21	REH Alina (GER)	
		7000m	22:22.33	21	REH Alina (GER)	
		8000m	25:42.82	21	REH Alina (GER)	
		9000m	29:03.41	21	REH Alina (GER)	

**Weather conditions**

Temperature: 24°C

Humidity: 48%

Conditions: Few clouds

**Legend:**
**DNF** Did not Finish      **PB** Personal Best      **SB** Season Best

**Results**

Distance: 10000 m

Rank	Ctry	Bib	Name	Time	Position	Result
<b>1</b>	<b>Israel (ISR)</b>					<b>1:25:01.92</b>
		133	GETAHON Tadesse	<b>28:09.48</b>	<b>2</b>	
		130	AYALE Gashau	<b>28:15.32</b>	<b>4</b>	
		132	CHEKOLE Dereje	<b>28:37.12</b>	<b>10</b>	
		129	ABUHAY Yitayew	28:37.70	11	
		131	BELACHEW Godadaw	28:46.88	19	
		134	MALEDE Bukayawe	29:16.54	34	
<b>2</b>	<b>Italy (ITA)</b>					<b>1:25:10.56</b>
		138	CRIPPA Yemaneberhan	<b>28:08.83</b>	<b>1</b>	
		139	GHEBREHIWET FANIEL Eyob	<b>28:19.01</b>	<b>5</b>	
		135	AOUANI Iliass	<b>28:42.72</b>	<b>17</b>	
		140	MONDAZZI Alberto	29:08.16	29	
		142	SELVAROLO Pasquale	29:08.39	30	
		137	CRIPPA Nekagenet	DNF		
<b>3</b>	<b>France (FRA)</b>					<b>1:25:26.15</b>
		114	GONDOUIN Valentin	<b>28:20.78</b>	<b>6</b>	
		113	FRÈRE Mehdi	<b>28:25.44</b>	<b>8</b>	
		111	BOUR Felix	<b>28:39.93</b>	<b>13</b>	
		115	PALCAU Fabien	28:41.48	15	
		112	DAGUINOS Etienne	28:42.49	16	
<b>4</b>	<b>Spain (ESP)</b>					<b>1:25:39.17</b>
		105	FIFA Ilias	<b>28:12.62</b>	<b>3</b>	
		108	RAMOS Jesús	<b>28:29.44</b>	<b>9</b>	
		107	PÉREZ Juan Antonio	<b>28:57.11</b>	<b>23</b>	
		109	ROJO Yago	29:01.39	26	
		104	ALAIZ Roberto	29:07.64	28	
<b>5</b>	<b>Great Britain &amp; Northern Ireland (GBR)</b>					<b>1:25:49.32</b>
		118	GEORGE Thomas	<b>28:23.06</b>	<b>7</b>	
		116	GRAY Jack	<b>28:38.25</b>	<b>12</b>	
		117	LEACH Matthew	<b>28:48.01</b>	<b>21</b>	
<b>6</b>	<b>Germany (GER)</b>					<b>1:27:55.57</b>
		122	TEKLEBRHAN-BERHE Filmon	<b>28:47.51</b>	<b>20</b>	
		119	BECKER Jan Lukas	<b>28:57.47</b>	<b>24</b>	
		120	DAHLKE Jonathan	<b>30:10.59</b>	<b>41</b>	
		121	PROPP Malte	31:13.17	46	
<b>7</b>	<b>Ukraine (UKR)</b>					<b>1:28:42.38</b>
		158	SIRUK Dmytro	<b>29:08.61</b>	<b>31</b>	
		156	POROZOV Ihor	<b>29:44.16</b>	<b>35</b>	
		155	KOVAL Vasyl	<b>29:49.61</b>	<b>36</b>	
		157	ROMANENKO Roman	30:35.11	44	
		154	HORODYSKYI Bohdan-Ivan	DNF		

**10000m Cup Men**
**Final**
**Results**

Distance: 10000 m

Rank	Ctry	Bib	Name	Time	Position	Result
8	Ireland (IRL)					1:29:04.82
		127	CURTIN Fearghal	28:44.31	18	
		126	BYRNE Evan	29:54.37	39	
		125	BRADLEY Conor	30:26.14	43	
	Austria (AUT)					NM
		103	VOJTA Andreas	28:55.99	22	
		102	STADLMANN Dominik	29:54.23	38	
		101	HINTERNDORFER Timo	DNS		
	Türkiye (TUR)					NM
		152	ATAÇ Sezgin	28:41.17	14	
		153	ÖZDEMİR Ramazan	29:15.67	33	
		151	AMAÇTAN Ömer	DNF		



**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Eugene,OR (USA)	3 JUN 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabián</b>	ESP Lisboa (POR)	4 APR 1998
<b>EUROPEAN U23 RECORD</b>	<b>27:24.09 KAYA Ali</b>	TUR Mersin (TUR)	2 MAY 2015
<b>EUROPEAN U20 RECORD</b>	<b>28:11.71 DAHIR RABI Abdullahi</b>	NOR Oslo (NOR)	13 APR 2022

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	149	<b>ABOOTORABI Mohammadreza</b> Sweden	SWE	31 AUG 1989	14	<b>29:04.95</b>	SB
2	158	<b>SIRUK Dmytro</b> Ukraine	UKR	12 APR 1991	4	<b>29:08.61</b>	SB
3	148	<b>ĐUREC Peter</b> Slovak Republic	SVK	12 SEP 1992	13	<b>29:14.33</b>	PB
4	156	<b>POROZOV Ihor</b> Ukraine	UKR	22 MAR 1991	19	<b>29:44.16</b>	
5	155	<b>KOVAL Vasyl</b> Ukraine	UKR	11 NOV 1989	18	<b>29:49.61</b>	
6	144	<b>OLIVEIRA Luís</b> Portugal	POR	5 SEP 1999	11	<b>29:52.62</b>	
7	102	<b>STADLMANN Dominik</b> Austria	AUT	4 JUN 1995	2	<b>29:54.23</b>	PB
8	126	<b>BYRNE Evan</b> Ireland	IRL	20 DEC 1997	9	<b>29:54.37</b>	SB
9	124	<b>ANAGNOSTOU Marios</b> Greece	GRE	8 OCT 1999	7	<b>30:08.13</b>	
10	120	<b>DAHLKE Jonathan</b> Germany	GER	14 FEB 1995	5	<b>30:10.59</b>	
11	143	<b>JOCIS Uģis</b> Latvia	LAT	13 SEP 1993	10	<b>30:17.30</b>	SB
12	125	<b>BRADLEY Conor</b> Ireland	IRL	6 OCT 1987	8	<b>30:26.14</b>	SB
13	157	<b>ROMANENKO Roman</b> Ukraine	UKR	30 JAN 1988	20	<b>30:35.11</b>	
14	110	<b>LATSEPOV Leonid</b> Estonia	EST	22 MAR 1998	3	<b>30:56.66</b>	SB
15	121	<b>PROPP Malte</b> Germany	GER	29 SEP 1999	6	<b>31:13.17</b>	
	145	<b>KOBE Primož</b> Slovenia	SLO	23 MAY 1981	12	<b>DNF</b>	
	154	<b>HORODYSKYI Bohdan-Ivan</b> Ukraine	UKR	18 MAY 1994	17	<b>DNF</b>	
	150	<b>AHLBERG Olle</b> Sweden	SWE	8 SEP 1997	15	<b>DNF</b>	
	151	<b>AMAÇTAN Ömer</b> Türkiye	TUR	5 MAY 2001	16	<b>DNF</b>	
	101	<b>HINTERNDORFER Timo</b> Austria	AUT	7 JUL 2004	1	<b>DNS</b>	

**10000m Men**
**Final B**
**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Eugene,OR (USA)	3 JUN 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabián</b>	ESP Lisboa (POR)	4 APR 1998
<b>EUROPEAN U23 RECORD</b>	<b>27:24.09 KAYA Ali</b>	TUR Mersin (TUR)	2 MAY 2015
<b>EUROPEAN U20 RECORD</b>	<b>28:11.71 DAHIR RABI Abdullahi</b>	NOR Oslo (NOR)	13 APR 2022

<b>Intermediate Times:</b>	1000m	2:50.13	154	HORODYSKYI Bohdan-Ivan (UKR)
	2000m	5:41.44	154	HORODYSKYI Bohdan-Ivan (UKR)
	3000m	8:35.83	154	HORODYSKYI Bohdan-Ivan (UKR)
	4000m	11:30.71	149	ABOOTORABI Mohammadreza (SWE)
	5000m	14:21.71	149	ABOOTORABI Mohammadreza (SWE)
	6000m	17:16.36	149	ABOOTORABI Mohammadreza (SWE)
	7000m	20:14.43	149	ABOOTORABI Mohammadreza (SWE)
	8000m	23:12.64	149	ABOOTORABI Mohammadreza (SWE)
	9000m	26:12.64	149	ABOOTORABI Mohammadreza (SWE)

**Weather conditions**

Temperature: 24°C

Humidity: 48%

Conditions: Few clouds

**Legend:**

<b>DNF</b>	Did not Finish	<b>DNS</b>	Did not Start	<b>PB</b>	Personal Best	<b>SB</b>	Season Best
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**10000m Men**
**Final A**
**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Eugene,OR (USA)	3 JUN 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabián</b>	ESP Lisboa (POR)	4 APR 1998
<b>EUROPEAN U23 RECORD</b>	<b>27:24.09 KAYA Ali</b>	TUR Mersin (TUR)	2 MAY 2015
<b>EUROPEAN U20 RECORD</b>	<b>28:11.71 DAHIR RABI Abdullahi</b>	NOR Oslo (NOR)	13 APR 2022

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
1	138	<b>CRIPPA Yemaneberhan</b> Italy	ITA	15 OCT 1996	27	<b>28:08.83</b>	SB
2	133	<b>GETAHON Tadesse</b> Israel	ISR	20 DEC 1997	23	<b>28:09.48</b>	
3	105	<b>FIFA Ilias</b> Spain	ESP	16 MAY 1989	3	<b>28:12.62</b>	
4	130	<b>AYALE Gashau</b> Israel	ISR	22 AUG 1996	20	<b>28:15.32</b>	
5	139	<b>GHEBREHIWET FANIEL Eyob</b> Italy	ITA	26 NOV 1992	28	<b>28:19.01</b>	PB
6	114	<b>GONDOUIN Valentin</b> France	FRA	4 MAR 1999	11	<b>28:20.78</b>	
7	118	<b>GEORGE Thomas</b> Great Britain & Northern Ireland	GBR	6 FEB 1996	15	<b>28:23.06</b>	
8	113	<b>FRÈRE Mehdi</b> France	FRA	27 JUL 1996	10	<b>28:25.44</b>	SB
9	108	<b>RAMOS Jesús</b> Spain	ESP	29 APR 1996	6	<b>28:29.44</b>	SB
10	132	<b>CHEKOLE Dereje</b> Israel	ISR	13 JUL 2000	22	<b>28:37.12</b>	
11	129	<b>ABUHAY Yitayew</b> Israel	ISR	1 DEC 1996	19	<b>28:37.70</b>	
12	116	<b>GRAY Jack</b> Great Britain & Northern Ireland	GBR	10 APR 1993	13	<b>28:38.25</b>	
13	111	<b>BOUR Felix</b> France	FRA	25 MAR 1994	8	<b>28:39.93</b>	
14	152	<b>ATAÇ Sezgin</b> Türkiye	TUR	21 MAR 1998	32	<b>28:41.17</b>	
15	115	<b>PALCAU Fabien</b> France	FRA	22 JUN 1997	12	<b>28:41.48</b>	SB
16	112	<b>DAGUINOS Etienne</b> France	FRA	15 FEB 2000	9	<b>28:42.49</b>	SB
17	135	<b>AOUANI Iliass</b> Italy	ITA	29 SEP 1995	25	<b>28:42.72</b>	
18	127	<b>CURTIN Fearghal</b> Ireland	IRL	14 JUL 1998	18	<b>28:44.31</b>	SB
19	131	<b>BELACHEW Godadaw</b> Israel	ISR	22 JAN 1997	21	<b>28:46.88</b>	
20	122	<b>TEKLEBRHAN-BERHE Filmon</b> Germany	GER	13 MAR 1996	17	<b>28:47.51</b>	
21	117	<b>LEACH Matthew</b> Great Britain & Northern Ireland	GBR	25 SEP 1993	14	<b>28:48.01</b>	
22	103	<b>VOJTA Andreas</b> Austria	AUT	9 JUN 1989	1	<b>28:55.99</b>	SB

**10000m Men**
**Final A**
**Results**

<b>EUROPEAN RECORD</b>	<b>26:46.57 FARAH Mo</b>	GBR Eugene,OR (USA)	3 JUN 2011
<b>CHAMPIONSHIP RECORD</b>	<b>27:14.44 RONCERO Fabián</b>	ESP Lisboa (POR)	4 APR 1998
<b>EUROPEAN U23 RECORD</b>	<b>27:24.09 KAYA Ali</b>	TUR Mersin (TUR)	2 MAY 2015
<b>EUROPEAN U20 RECORD</b>	<b>28:11.71 DAHIR RABI Abdullahi</b>	NOR Oslo (NOR)	13 APR 2022

Rank	Bib	Name	Ctry Code	Date of Birth	Order	Result	
23	107	<b>PÉREZ Juan Antonio</b> Spain	ESP	6 NOV 1988	5	<b>28:57.11</b>	SB
24	119	<b>BECKER Jan Lukas</b> Germany	GER	22 SEP 1993	16	<b>28:57.47</b>	
25	146	<b>LE GUEN Morgan</b> Switzerland	SUI	12 SEP 1993	31	<b>28:58.08</b>	PB
26	109	<b>ROJO Yago</b> Spain	ESP	23 MAR 1995	7	<b>29:01.39</b>	SB
27	104	<b>ALAIZ Roberto</b> Spain	ESP	20 JUL 1990	2	<b>29:07.64</b>	
28	140	<b>MONDAZZI Alberto</b> Italy	ITA	21 FEB 1998	29	<b>29:08.16</b>	
29	142	<b>SELVAROLO Pasquale</b> Italy	ITA	28 NOV 1999	30	<b>29:08.39</b>	
30	153	<b>ÖZDEMİR Ramazan</b> Türkiye	TUR	6 JUL 1991	4	<b>29:15.67</b>	
31	134	<b>MALEDE Bukayawe</b> Israel	ISR	1 APR 1997	24	<b>29:16.54</b>	
	137	<b>CRIPPA Nekagenet</b> Italy	ITA	16 SEP 1994	26	<b>DNF</b>	
		<b>Intermediate Times:</b>					
		1000m	2:55.70	138	CRIPPA Yemaneberhan (ITA)		
		2000m	5:38.51	138	CRIPPA Yemaneberhan (ITA)		
		3000m	8:24.27	105	FIFA Ilias (ESP)		
		4000m	11:16.76	113	FRÈRE Mehdi (FRA)		
		5000m	14:13.18	105	FIFA Ilias (ESP)		
		6000m	17:02.04	138	CRIPPA Yemaneberhan (ITA)		
		7000m	19:53.23	130	AYALE Gashau (ISR)		
		8000m	22:45.57	113	FRÈRE Mehdi (FRA)		
		9000m	25:35.23	105	FIFA Ilias (ESP)		

**Weather conditions**

Temperature: 24°C

Humidity: 48%

Conditions: Few clouds

**Legend:**
**DNF** Did not Finish      **PB** Personal Best      **SB** Season Best