

## U20 Athletics International Match, POL-CZE

### Karpacz, 20.08.2020

Time	Track events	Jumps	Throws	Time
11:00			Shot Put W	11:00
11:10		High Jump W		11:10
11:15			Javelin Throw M	11:15
12:00		Pole Vault W		
12:15			Shot Put M	12:15
12:20			Javelin Throw W	12:20
12:35	100h W			12:35
12:50	110h M			12:50

### 13:10 Opening ceremony 13:10

13:25		High Jump M		13:25
13:30	400h W			13:30
13:40			Hammer Throw W	13:40
13:45		Triple Jump M		13:45
13:50	400h M			13:50
14:00		Pole Vault M		14:00
14:05	100 W			14:05
14:15	100 M			14:15
15:00	400 W		Hammer Throw M	15:00
15:05		Triple Jump W		15:05
15:10	400 M			15:20
15:35	200 W			
15:45	200 M			15:45
16:05	800 W			15:55
16:10			Discus Throw W	16:10
16:15	800 M			16:20
16:25		Long Jump M		16:25
16:30	1500 W			16:30
16:45	1500 M			16:45
16:55	2000st W			17:05
17:10	2000st M			17:15
17:20			Discus Throw M	17:20
17:25	3000 W			17:25
17:40	5000 M			17:40
17:45		Long Jump W		17:45
18:05	4x100 W			18:05
18:15	4x100 M			18:15
18:25	4x400 W			18:25
18:35	4x400 M			18:35
18:45	Closing ceremony			18:45



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