

FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIĄŁYSTOK, 10 PAŹDZIERNIKA 2020

KOMUNIKAT KOŃCOWY

MEŻCZYŹNI/MEN

100 metrów mężczyzn

| Bieg | Rank | Name | Date | Club | Time | Score | Notes | Points |
|----------|------|---------------------|----------|-----------------------|-------|-------|-------|--------|
| Bieg 1/4 | 1 | LEMPACH Jakub | 01-08-21 | AZS UMCS Lublin | 13:11 | 10.85 | | 147 |
| | 2 | ŁUPIŃSKI Rafał | 01-03-20 | KS Podlasie Białystok | | 10.96 | | 140 |
| | 3 | KRUPA Patryk | 02-04-21 | KS Agros Zamość | | 11.05 | | 135 |
| | 4 | FARAJ Wiktor | 02-05-02 | OKS Skra Warszawa | | 11.40 | | 115 |
| | 5 | RADOMYSKI Mateusz | 02-04-19 | MKS MOS Wrocław | | 11.75 | | * |
| | 6 | WISZNIOWSKI Mateusz | 02-09-07 | MKS MOS Wrocław | | 11.82 | | * |
| | 7 | LEPIONKA Adrian | 06-04-20 | KS Agros Zamość | | 11.86 | | 93 |
| Bieg 2/4 | 1 | TABORSKI Andrzej | 03-04-24 | MKS MOS Wrocław | 13:15 | 11.49 | | 110 |
| | 2 | CHAŁADZIŃSKI Oskar | 04-06-11 | RKS Łódź | | 11.65 | PB | 103 |
| | 3 | ZAWLIK Jakub | 04-11-25 | MKL Szczecin | | 11.70 | | 101 |
| | 4 | ZAJĄC Piotr | 04-01-24 | KKL Kielce | | 11.78 | | 97 |
| | 5 | MOLSKI Paweł | 02-12-12 | OKS Skra Warszawa | | 11.93 | | 90 |
| | 6 | PIETRASIAK Igor | 02-05-09 | RKS Łódź | | 12.21 | | * |
| | 7 | SWATOWSKI Kacper | 03-02-18 | KS Agros Zamość | | 12.23 | | 80 |
| | 8 | STRZESZEWSKI Piotr | 04-04-20 | KS Podlasie Białystok | | 12.99 | | PK |
| Bieg 3/4 | 1 | MAKSYMIOUK Piotr | 04-01-13 | KS Podlasie Białystok | 13:18 | 11.90 | | PK |
| | 2 | ŚNIOCH Wiktor | 03-06-24 | KKL Kielce | | 11.90 | | PK |
| | 3 | MŁYNARCZYK Mateusz | 04-07-22 | KS Podlasie Białystok | | 11.95 | | PK |
| | 4 | DĘBOWSKI Szymon | 05-04-13 | KS Podlasie Białystok | | 12.17 | | PK |
| | 5 | PIETRASZKO Szymon | 05-07-15 | KS Podlasie Białystok | | 12.18 | | PK |
| | 6 | POGORZELSKI Wiktor | 03-01-21 | KS AZS UWM Olsztyn | | 12.21 | | PK |
| | 7 | PIORUNOWICZ Kamil | 01-10-27 | KKL Kielce | | 12.22 | | PK |
| Bieg 4/4 | 1 | FLOREK Mikołaj | 04-03-17 | KS AZS UWM Olsztyn | 13:21 | 11.52 | | PK |
| | 2 | WAŻ Mateusz | 03-04-29 | LKS Stal Mielec | | 11.54 | PB | PK |
| | 3 | PIETRAS Mateusz | 04-06-13 | MKL Szczecin | | 11.85 | | PK |
| | 4 | HREHOROWICZ Bartosz | 03-07-16 | KS Podlasie Białystok | | 11.98 | | PK |
| | 5 | ROGOZIŃSKI Adam | 03-10-06 | KS Podlasie Białystok | | 12.33 | | PK |
| | 6 | REGIEL Igor | 04-04-08 | KKL Kielce | | 12.35 | | PK |
| | 7 | JABŁOŃSKI Jacek | 06-02-19 | KS Podlasie Białystok | | 12.46 | | PK |

200 metrów mężczyzn

| Bieg | Rank | Name | Date | Club | Time | Score | Notes | Points |
|----------|------|---------------------|----------|--------------------|-------|-------|-------|--------|
| Bieg 1/2 | 1 | BUGAJSKI Paweł | 01-02-26 | MKS MOS Wrocław | 12:44 | 22.19 | | 138 |
| | 2 | KADYŁO Adam | 03-07-07 | MKS MOS Wrocław | | 22.46 | | 131 |
| | 3 | SOBÓL Damian | 03-07-23 | KS AZS UWM Olsztyn | | 22.54 | | 128 |
| | 4 | CHMIEL Jakub | 01-02-08 | AZS UMCS Lublin | | 22.68 | | 125 |
| Bieg 2/2 | 1 | PEŹCZEK Piotr | 02-02-22 | RKS Łódź | | DQ | TR | |
| | 1 | KASIBORSKI Bartosz | 02-06-21 | AZS UMCS Lublin | 12:48 | 23.21 | PB | 111 |
| | 2 | CZOŁNOWSKI Beniamin | 04-10-18 | RKS Łódź | | 23.34 | | 108 |
| | 3 | FLOREK Mikołaj | 04-03-17 | KS AZS UWM Olsztyn | | 23.38 | | 107 |
| | 4 | KRAWCZYK Mateusz | 03-04-30 | KS Agros Zamość | | 24.63 | | 84 |
| | 5 | PIĘTA Sebastian | 04-06-30 | RKS Łódź | | 25.43 | | |
| | 6 | MIERZEJEWSKI Dawid | 01-09-18 | KS AZS UWM Olsztyn | | DNS | | |

400 metrów mężczyzn

| Bieg | Rank | Name | Date | Club | Time | Score | Notes | Points |
|----------|------|----------------------|----------|-------------------------------|-------|-------|-------|--------|
| Bieg 1/2 | 1 | KOZACKI Jakub | 02-10-11 | KS AZS UWM Olsztyn | 12:22 | 48.45 | | 147 |
| | 2 | KOTYRA Mikołaj | 01-03-29 | AZS UMCS Lublin | | 49.31 | | 138 |
| | 3 | SZKUDLAREK Jakub | 01-01-17 | RKS Łódź | | 49.55 | PB | 136 |
| | 4 | SZACHNIEWICZ Szymon | 01-05-26 | MKS MOS Wrocław | | 51.04 | | 120 |
| | 5 | ROMANIUK Daniel | 01-10-10 | OKS Skra Warszawa | | 51.26 | | 118 |
| | 6 | ŚCIRA Paweł | 02-05-08 | AZS KU Politechniki Opolskiej | | 52.09 | | 109 |
| | 7 | JANCZARA Miłosz | 03-06-30 | AZS UMCS Lublin | | 52.90 | | * |
| Bieg 2/2 | 1 | GÓRCZYŃSKI Bartosz | 04-03-25 | KS AZS UWM Olsztyn | 12:26 | 51.61 | | 114 |
| | 2 | TUSZYŃSKI Krystian | 02-02-27 | KS AZS UWM Olsztyn | | 51.83 | PB | 111 |
| | 3 | MIROSLAW-PYDA Łukasz | 04-01-15 | AZS UMCS Lublin | | 52.80 | | 102 |
| | 4 | WAWRYNKIEWICZ Szymon | 04-09-13 | KS Agros Zamość | | 53.03 | | 100 |
| | 5 | KOZŁOWSKI Piotr | 01-02-14 | KS AZS UWM Olsztyn | | 54.58 | | PK |
| | 6 | OBREŃBSKI Robert | 04-01-08 | KS AZS UWM Olsztyn | | 57.24 | | PK |



FINAŁ SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

800 metrów mężczyzn

| | | | | | | | |
|-------------|---------------------|----------|-----------------------|----|---------|----|-----|
| 1 | MASACZYŃSKI Adam | 01-02-05 | KKL Kielce | SK | 1:53.11 | | 139 |
| 2 | OSTROWSKI Filip | 01-07-12 | RKS Łódź | LD | 1:53.81 | | 135 |
| 3 | KITLIŃSKI Bartosz | 04-06-11 | AZS UMCS Lublin | LU | 1:54.92 | | 130 |
| 4 | ŁAKOMIEC Łukasz | 02-03-19 | KKL Kielce | SK | 1:56.64 | | 122 |
| 5 | WAĆHAŁA Adam | 04-01-07 | KKL Kielce | SK | 1:57.02 | PB | 121 |
| 6 | JAWORSKI Kacper | 03-06-04 | LKS Stal Mielec | PK | 1:58.12 | | 116 |
| 7 | MALINOWSKI Rafał | 01-09-25 | MKS MOS Wrocław | DS | 1:59.84 | | 108 |
| 8 | HRYNIEWICKI Łukasz | 05-05-24 | KS Podlasie Białystok | PD | 2:00.14 | | * |
| 9 | BARAŃCZUK Kacper | 04-06-07 | OKS Skra Warszawa | MZ | 2:08.11 | PB | 73 |
| Międzyczasy | | | | | | | |
| 400m | 104 Filip OSTROWSKI | 55,90 | | | | | |

1500 metrów mężczyzn

| | | | | | | | |
|-------------|-----------------------|----------|-------------------------------|----|---------|----|-----|
| 1 | ANDZIAK Stanisław | 04-12-05 | OKS Skra Warszawa | MZ | 4:06.21 | | 111 |
| 2 | PAĆZKIEWICZ Jakub | 02-06-13 | KKL Kielce | SK | 4:06.27 | | 111 |
| 3 | KIJAK Jakub | 02-02-23 | AZS KU Politechniki Opolskiej | OP | 4:09.45 | PB | 105 |
| 4 | CZYŻEWSKI Jakub | 01-03-31 | RKS Łódź | LD | 4:10.06 | | 104 |
| 5 | ĆWIKLIŃSKI Adrian | 04-07-20 | KS Agros Zamość | LU | 4:29.08 | | * |
| Międzyczasy | | | | | | | |
| 400m | 218 Jakub PAĆZKIEWICZ | 1:08,9 | | | | | |
| 800m | 93 Jakub CZYŻEWSKI | 2:14,8 | | | | | |
| 1200m | 218 Jakub PAĆZKIEWICZ | 3:20,3 | | | | | |

2000 metrów przeszkody M U20

| | | | | | | | |
|---|-----------------|----------|--------------------------|----|---------|--|----|
| 1 | RUMIŃSKI Michał | 02-03-12 | MLKS Nadwiślanin Chełmno | KP | 6:42.93 | | 89 |
| 2 | MAĆKOWSKI Karol | 04-05-11 | MLKS Nadwiślanin Chełmno | KP | 6:42.98 | | * |
| 3 | BENDYK Marcin | 04-09-23 | KS AZS UWM Olsztyn | WN | 6:46.83 | | 86 |

110 metrów ppł M U20 (99.1)

| | | | | | | | |
|---------|-------------|----------|--------------|-------|-------|----|-----|
| FINAŁ A | | 0,0 | | 14:02 | | | |
| 1 | ŁOSIN Rafał | 02-07-08 | MKL Szczecin | ZP | 15.18 | PB | 137 |

110 metrów pł M U18 (91.4)

| | | | | | | | |
|---------|---------------|----------|-------------------------------|-------|-------|--|-----|
| FINAŁ A | | 0,0 | | 14:02 | | | |
| 1 | SWOBODA Dawid | 03-12-09 | MKL Szczecin | ZP | 14.53 | | 140 |
| 2 | BABULA Maciej | 03-08-09 | AZS KU Politechniki Opolskiej | OP | 14.71 | | 136 |
| 3 | SZYLER Tymon | 04-02-21 | LKS Stal Mielec | PK | 15.42 | | 119 |

5000 m chód mężczyzn

| | | | | | | | |
|-------------|-------------------|----------|--------------------------|----|----------|----|-----|
| 1 | PIECUCH Kamil | 03-07-10 | LKS Stal Mielec | PK | 22:40.46 | PB | 135 |
| 2 | OCZKOŚ Miłosz | 01-05-20 | MLKS Nadwiślanin Chełmno | KP | 23:11.04 | PB | 130 |
| 3 | IELO Cristian | 04-12-15 | LKS Stal Mielec | PK | 24:58.92 | PB | 112 |
| 4 | SCHIEDEL Karol | 02-07-05 | MLKS Nadwiślanin Chełmno | KP | 25:59.25 | SB | 103 |
| 5 | WÓJCIK Hubert | 03-07-05 | LKS Stal Mielec | PK | 26:09.28 | PB | * |
| Międzyczasy | | | | | | | |
| 1000m | 161 Kamil PIECUCH | 4:33,22 | | | | | |
| 2000m | 161 Kamil PIECUCH | 8:56,9 | | | | | |
| 3000m | 161 Kamil PIECUCH | 13:29,50 | | | | | |
| 4000m | 161 Kamil PIECUCH | 18:08,9 | | | | | |

400 metrów pł M U18 (84.0)

| | | | | | | | |
|---|--------------------|----------|-------------------------------|----|-------|--|-----|
| 1 | WIECZOREK Miłosz | 03-02-27 | MKS MOS Wrocław | DS | 54.61 | | 137 |
| 2 | MICHALAK Sebastian | 04-01-04 | KS AZS UWM Olsztyn | WN | 57.27 | | 112 |
| 3 | GŁOWACKI Sambor | 03-04-11 | AZS KU Politechniki Opolskiej | OP | 58.24 | | 106 |
| 4 | JARZEMBSKI Kacper | 04-02-25 | MLKS Nadwiślanin Chełmno | KP | 61.05 | | 91 |

400 metrów ppł M U20 (91,4)

| | | | | | | | |
|---|--------------------|----------|-------------------------------|----|-------|--|-----|
| 1 | SOBURA-DURMA Jakub | 02-02-28 | KKL Kielce | SK | 53.32 | | 151 |
| 2 | JOŃCZYK Maciej | 02-01-05 | RKS Łódź | LD | 54.26 | | 143 |
| 3 | STOKŁOSA Aleks | 02-01-21 | AZS KU Politechniki Opolskiej | OP | 55.53 | | 131 |
| 4 | BILIŃSKI Robin | 01-06-29 | AZS KU Politechniki Opolskiej | OP | 57.13 | | 117 |

4x100 metrów M

| | | | | | | | |
|----------|---------------------|----------|-----------------|-------|-------|--|-----|
| Bieg 1/2 | | | | 14:37 | | | |
| 1 | | | MKS MOS Wrocław | DS | 42.55 | | 158 |
| 16 | Mateusz RADOMYSKI | 02-04-19 | | | | | |
| 18 | Szymon SZACHNIEWICZ | 01-05-26 | | | | | |
| 19 | Andrzej TABORSKI | 03-04-24 | | | | | |
| 1 | Paweł BUGAJSKI | 01-02-26 | | | | | |
| 2 | | | AZS UMCS Lublin | LU | 42.99 | | 152 |
| 54 | Bartosz KASIBORSKI | 02-06-21 | | | | | |
| 50 | Oskar GROŃSKI | 03-03-03 | | | | | |
| 46 | Jakub CHMIEL | 01-02-08 | | | | | |
| 57 | Jakub LEMPACH | 01-08-21 | | | | | |



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FINAŁ SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

| | | | | | | | |
|-----------------------------------|------------------------|----------|-------------------------------|-------|-------|--------|----|
| 3 | | | KS Podlasie Białystok | PD | 43.66 | 144 | |
| | 189 Rafał ŁUPIŃSKI | 01-03-20 | | | | | |
| | 179 Michał DANILCZUK | 01-11-13 | | | | | |
| | 197 Wojciech TOMCZYK | 02-11-23 | | | | | |
| | 190 Piotr MAKSYMIOUK | 04-01-13 | | | | | |
| 4 | | | AZS KU Politechniki Opolskiej | OP | 44.73 | 130 | |
| | 62 Jakub KIJAK | 02-02-23 | | | | | |
| | 134 Maciej BABULA | 03-08-09 | | | | | |
| | 137 Sambor GŁOWACKI | 03-04-11 | | | | | |
| | 152 Paweł ŚCIRA | 02-05-08 | | | | | |
| 5 | | | LKS Stal Mielec | PK | 44.86 | 129 | |
| | 173 Mateusz WAŻ | 03-04-29 | | | | | |
| | 163 Jakub RÓG | 04-08-22 | | | | | |
| | 167 Tymon SZYLER | 04-02-21 | | | | | |
| | 172 Kamil WAŻ | 01-10-25 | | | | | |
| 6 | | | OKS Skra Warszawa | MZ | 45.98 | 116 | |
| | 117 Wiktor FARAJ | 02-05-02 | | | | | |
| | 121 Paweł MOLSKI | 02-12-12 | | | | | |
| | 125 Daniel ROMANIUK | 01-10-10 | | | | | |
| | 113 Stanisław ANDZIAK | 04-12-05 | | | | | |
| Bieg 2/2 | | | | | 14:42 | | |
| 1 | | | RKS Łódź | LD | 43.91 | 141 | |
| | 92 Beniamin CZOŁNOWSKI | 04-10-18 | | | | | |
| | 91 Oskar CHAŁADZIŃSKI | 04-06-11 | | | | | |
| | 107 Piotr PEĆCZEK | 02-02-22 | | | | | |
| | 108 Igor PIETRASIAK | 02-05-09 | | | | | |
| 2 | | | KS AZS UWM Olsztyn | WN | 44.57 | 132 | |
| | 236 Mikołaj FLOREK | 04-03-17 | | | | | |
| | 244 Sebastian MICHALAK | 04-01-04 | | | | | |
| | 248 Wiktor POGORZELSKI | 03-01-21 | | | | | |
| | 251 Krystian TUSZYŃSKI | 02-02-27 | | | | | |
| 3 | | | KS Agros Zamość | LU | 44.82 | 129 | |
| | 7 Mateusz KRAWCZYK | 03-04-30 | | | | | |
| | 78 Patryk KRUPA | 02-04-21 | | | | | |
| | 81 Adrian LEPIONKA | 06-04-20 | | | | | |
| | 88 Kacper SWATOWSKI | 03-02-18 | | | | | |
| 4 | | | MKL Szczecin | ZP | 45.55 | 121 | |
| | 262 Rafał ŁOSIN | 02-07-08 | | | | | |
| | 268 Mateusz PIETRAS | 04-06-13 | | | | | |
| | 274 Jakub ZAWLIK | 04-11-25 | | | | | |
| | 261 Hubert KOWALSKI | 01-03-07 | | | | | |
| | | 89-04-05 | KKL Kielce | SK | DNF | * | |
| | 230 Piotr ZAJĄC | 04-01-24 | | | | | |
| | 208 Jan FORTUŃSKI | 03-04-24 | | | | | |
| | 225 Wiktor ŚNIOCH | 03-06-24 | | | | | |
| | 219 Kamil PIORUNOWICZ | 01-10-27 | | | | | |
| Pchnięcie kulą M U20 (6kg) | | | | | | | |
| 1 | BORKOWSKI Jakub | 01-06-26 | KKL Kielce | SK | 18.14 | 162 | |
| 2 | KOZAK Gracjan | 01-11-19 | AZS KU Politechniki Opolskiej | OP | 18.45 | 164 | |
| 3 | RUCIŃSKI Kacper | 02-10-23 | KKL Kielce | SK | 15.52 | 137 | |
| 4 | STĘPIEŃ Dominik | 02-01-16 | MLKS Nadwiślanin Chełmno | KP | 12.83 | 104 | |
| | | I | II | III | IV | V | VI |
| | BORKOWSKI Jakub | x | 16.53 | x | 18.14 | | |
| | KOZAK Gracjan | 17.18 | 18.45 | 18.19 | 17.63 | | |
| | RUCIŃSKI Kacper | 15.08 | x | x | 15.52 | | |
| | STĘPIEŃ Dominik | 12.41 | 12.44 | x | 12.83 | | |
| Pchnięcie kulą M U18 (5kg) | | | | | | | |
| 1 | STARAK Radosław | 03-02-28 | KS Podlasie Białystok | PD | 17.47 | 142 | |
| 2 | BUCHWALD Jakub | 04-07-12 | AZS KU Politechniki Opolskiej | OP | 15.54 | 122 | |
| 3 | MATEL Allan | 04-11-09 | MKL Szczecin | ZP | 14.21 | PB 108 | |
| | | I | II | III | IV | V | VI |
| | STARAK Radosław | 16.76 | 17.35 | 17.47 | x | | |
| | BUCHWALD Jakub | 15.53 | x | x | 15.54 | | |
| | MATEL Allan | x | 13.17 | 13.71 | 14.21 | | |
| Pchnięcie kulą M (5kg) | | | | | | | |
| 1 | KRYSZYŃ Paweł | 03-08-26 | UKS Technik Augustów | PD | 18.03 | PK | |
| | | I | II | III | IV | V | VI |
| | KRYSZYŃ Paweł | 16.76 | x | 18.03 | 17.46 | | |



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FINAŁ SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

Rzut oszczepem M U18 (700)

| | | | | | | | |
|---|--------------------|----------|--------------------------|-------|-------|----|-----|
| 1 | JAROMA Michał | 03-06-09 | KS Podlasie Białystok | PD | 54.15 | SB | |
| 2 | KOWALSKI Antoni | 03-07-14 | MKL Szczecin | ZP | 52.87 | SB | 107 |
| 3 | DOMAGALSKI Mateusz | 04-09-24 | MLKS Nadwiślanin Chełmno | KP | 45.01 | | 92 |
| | | I | II | III | IV | V | VI |
| | JAROMA Michał | 45.55 | x | 54.15 | x | | |
| | KOWALSKI Antoni | 48.66 | 49.45 | 48.53 | 52.87 | | |
| | DOMAGALSKI Mateusz | 44.13 | x | 45.01 | x | | |

Rzut oszczepem męzczyzn (800)

| | | | | | | | |
|---|----------------------|----------|-------------------------------|-------|-------|---|-----|
| 1 | MUCHA Marek | 01-02-25 | AZS KU Politechniki Opolskiej | OP | 63.86 | | 143 |
| 2 | PIELOCH Dawid | 02-04-14 | KS Podlasie Białystok | PD | 51.39 | | 115 |
| 3 | GAWĘDA Wojciech | 02-01-22 | MKL Szczecin | ZP | 50.07 | | 112 |
| 4 | KOWALSKI Hubert | 01-03-07 | MKL Szczecin | ZP | 49.31 | | 110 |
| 5 | RACHWAŁIK Bartłomiej | 01-07-06 | AZS KU Politechniki Opolskiej | OP | 45.17 | | 102 |
| | | I | II | III | IV | V | VI |
| | MUCHA Marek | 53.83 | x | 63.86 | 63.83 | | |
| | PIELOCH Dawid | 51.39 | 49.04 | 48.09 | 48.38 | | |
| | GAWĘDA Wojciech | 50.07 | 48.52 | 43.80 | 43.42 | | |
| | KOWALSKI Hubert | 48.19 | 46.12 | 46.88 | 49.31 | | |
| | RACHWAŁIK Bartłomiej | 43.75 | 45.17 | 43.55 | x | | |

Rzut dyskiem M U20 (1.75kg)

| | | | | | | | |
|---|------------------|----------|--------------------------|-------|-------|----|-----|
| 1 | HAJKOWSKI Adrian | 01-02-23 | KS Podlasie Białystok | PD | 48.22 | SB | 139 |
| 2 | STAŃSKI Sergiusz | 02-06-29 | AZS UMCS Lublin | LU | 44.63 | | 128 |
| 3 | PASIŃSKI Szymon | 02-01-16 | MLKS Nadwiślanin Chełmno | KP | 36.20 | | 100 |
| | | I | II | III | IV | V | VI |
| | HAJKOWSKI Adrian | x | 48.22 | x | 46.96 | | |
| | STAŃSKI Sergiusz | 44.63 | x | x | 41.57 | | |
| | PASIŃSKI Szymon | x | 35.51 | 36.20 | 35.50 | | |

Rzut dyskiem M U18 (1.5kg)

| | | | | | | | |
|---|---------------------|----------|-------------------------------|-------|-------|----|-----|
| 1 | KOREJBA Jakub | 03-03-12 | AZS KU Politechniki Opolskiej | OP | 56.43 | | 160 |
| 2 | HAJKOWSKI Sebastian | 03-08-29 | KS Podlasie Białystok | PD | 44.29 | SB | 124 |
| 3 | SOPA Mateusz | 04-08-05 | AZS KU Politechniki Opolskiej | OP | 43.88 | PB | 122 |
| 4 | OSTAŁOWSKI Mateusz | 04-01-28 | MLKS Nadwiślanin Chełmno | KP | 38.60 | | 104 |
| 5 | LEWANDOWSKI Mateusz | 04-09-28 | MLKS Nadwiślanin Chełmno | KP | 37.04 | PB | 99 |
| | | I | II | III | IV | V | VI |
| | KOREJBA Jakub | 51.12 | x | 56.43 | x | | |
| | HAJKOWSKI Sebastian | 44.29 | 43.80 | 44.07 | 42.91 | | |
| | SOPA Mateusz | 33.80 | 43.88 | x | x | | |
| | OSTAŁOWSKI Mateusz | 37.75 | 38.60 | 35.73 | 37.28 | | |
| | LEWANDOWSKI Mateusz | x | 37.04 | x | x | | |

Skok wzwyż męzczyzn

| | | | | | | | | | | | | | | |
|---|------------------|----------|-----------------------|-----|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | HOŁUB Jakub | 02-01-13 | AZS UMCS Lublin | LU | 2.03 | | 140 | | | | | | | |
| 2 | BAŃKOWSKI Kacper | 02-04-15 | MKL Szczecin | ZP | 1.88 | | 113 | | | | | | | |
| 3 | ZALEWSKI Hubert | 03-04-16 | KS Podlasie Białystok | PD | 1.88 | PB | 113 | | | | | | | |
| | | 170 | 175 | 180 | 184 | 188 | 192 | 196 | 200 | 203 | 206 | 208 | 210 | 212 |
| | HOŁUB Jakub | xo | - | o | - | - | xo | o | o | o | xxx | | | |
| | BAŃKOWSKI Kacper | - | o | o | o | o | xxx | | | | | | | |
| | ZALEWSKI Hubert | o | o | xo | xxo | o | xxx | | | | | | | |

Rzut młotem M U20 (6kg)

| | | | | | | | |
|---|------------------|----------|-----------------|-------|-------|---|-----|
| 1 | PIŁAT Dawid | 02-02-06 | LKS Stal Mielec | PK | 68.33 | | 162 |
| 2 | RATAJCZYK Tomasz | 02-09-20 | RKS Łódź | LD | 61.61 | | 150 |
| 3 | USAREK Jan | 02-06-24 | AZS UMCS Lublin | LU | 60.16 | | 147 |
| 4 | ŻMUDA Wojciech | 01-01-10 | AZS UMCS Lublin | LU | 49.46 | | 121 |
| | | I | II | III | IV | V | VI |
| | PIŁAT Dawid | x | x | 68.33 | x | | |
| | RATAJCZYK Tomasz | x | x | x | 61.61 | | |
| | USAREK Jan | x | x | 57.83 | 60.16 | | |
| | ŻMUDA Wojciech | 45.66 | x | 46.17 | 49.46 | | |

Rzut młotem M U18 (5kg)

| | | | | | | | |
|---|------------------|----------|--------------------------|-------|-------|---|-----|
| 1 | ZŁOTOWSKI Wiktor | 04-08-07 | MLKS Nadwiślanin Chełmno | KP | 56.58 | | 125 |
| 2 | MARCZAK Kamil | 05-02-22 | MLKS Nadwiślanin Chełmno | KP | 47.37 | | 107 |
| 3 | SOBIESIAK Marcin | 04-06-05 | AZS UMCS Lublin | LU | 46.37 | | 105 |
| | | I | II | III | IV | V | VI |
| | ZŁOTOWSKI Wiktor | 47.68 | x | 54.41 | 56.58 | | |
| | MARCZAK Kamil | x | x | 47.37 | 27.52 | | |
| | SOBIESIAK Marcin | x | x | x | 46.37 | | |

Skok wzwyż M U18

| | | | | | | | |
|---|-----------------------|----------|----------------|-----|------|-----|-----|
| 1 | MOSZCZYŃSKI Sebastian | 03-09-25 | OKLA Ostrołęka | MZ | 2.06 | | PK |
| | | 192 | 196 | 200 | 203 | 206 | 208 |
| | MOSZCZYŃSKI Sebastian | o | o | o | o | o | xxx |



Ministerstwo
Sportu



FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

Skok o tyczce mężczyzn

| | | | | | | | | |
|---|-----------------|----------|-------------------|----|------|----|--|-----|
| 1 | GAWENDA Michał | 05-06-15 | OKS Skra Warszawa | MZ | 5.00 | PB | | 163 |
| 2 | NAWOCKI Paweł | 01-03-30 | MKS MOS Wrocław | DS | 4.30 | SB | | 134 |
| 3 | CHOMICZ Mikołaj | 01-09-16 | MKS MOS Wrocław | DS | 4.00 | | | 122 |
| 4 | PEITLER Antoni | 02-03-01 | MKL Szczecin | ZP | 3.80 | | | 114 |
| 5 | ASMOŁOV Illia | 01-04-25 | MKL Szczecin | ZP | 3.80 | | | 114 |
| 6 | JAGODZKI Oskar | 03-05-12 | KKL Kielce | SK | 3.40 | | | 99 |

| | | | | | | | | | | | | | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| GAWENDA Michał | 300 | 320 | 340 | 360 | 370 | 380 | 390 | 400 | 410 | 420 | 430 | 440 | 450 | 460 | 480 | 485 | 500 | 516 |
| NAWOCKI Paweł | - | - | - | - | - | - | - | o | o | - | xo | - | - | xo | xxo | - | xo | xxx |
| CHOMICZ Mikołaj | - | - | - | - | - | o | - | xxo | xxx | xo | o | xxx | - | - | - | - | - | - |
| PEITLER Antoni | - | - | xxo | o | - | o | xxx | - | - | - | - | - | - | - | - | - | - | - |
| ASMOŁOV Illia | - | - | - | xo | - | xo | - | xxr | - | - | - | - | - | - | - | - | - | - |
| JAGODZKI Oskar | - | - | o | xxx | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

Skok w dal mężczyzn

| | | | | | | | | |
|---|------------------|----------|-----------------------|----|------|----|------|-----|
| 1 | TOMCZYK Wojciech | 02-11-23 | KS Podlasie Białystok | PD | 6.64 | | +0.1 | 112 |
| 2 | KAMIŃSKI Daniel | 05-01-28 | LKS Stal Mielec | PK | 6.61 | PB | +1.3 | 110 |
| 3 | WYSZYŃSKI Paweł | 01-08-03 | KS Podlasie Białystok | PD | 6.50 | | +0.1 | * |
| 4 | KLUCZEK Szymon | 03-05-03 | KS Agros Zamość | LU | 5.82 | | +1.4 | * |

| | | | | | | |
|------------------|------|------|------|------|---|----|
| TOMCZYK Wojciech | I | II | III | IV | V | VI |
| | 6.64 | x | x | x | | |
| | +0.1 | -0.6 | -0.3 | -0.3 | | |
| KAMIŃSKI Daniel | 6.39 | 6.61 | 6.47 | 6.34 | | |
| | +0.1 | +1.3 | +0.1 | +0.7 | | |
| WYSZYŃSKI Paweł | 6.26 | x | 6.50 | 6.43 | | |
| | +0.9 | +0.1 | +0.1 | +1.3 | | |
| KLUCZEK Szymon | 5.73 | 5.82 | 5.68 | 5.70 | | |
| | +1.6 | +1.4 | +0.2 | +1.5 | | |

Trójskok mężczyzn

| | | | | | | | | |
|---|---------------|----------|-----------------|----|-------|--|------|-----|
| 1 | WAŻ Kamil | 01-10-25 | LKS Stal Mielec | PK | 13.99 | | -1.3 | 119 |
| 2 | RÓG Jakub | 04-08-22 | LKS Stal Mielec | PK | 13.08 | | -0.2 | * |
| 3 | FORTUŃSKI Jan | 03-04-24 | KKL Kielce | SK | 12.81 | | -0.6 | 92 |

| | | | | | | |
|---------------|-------|-------|-------|-------|---|----|
| WAŻ Kamil | I | II | III | IV | V | VI |
| | 13.99 | x | x | x | | |
| | -1.3 | -0.5 | -1.3 | +0.2 | | |
| RÓG Jakub | 12.96 | 13.08 | 12.65 | 12.83 | | |
| | +0.3 | -0.2 | +0.7 | -1.6 | | |
| FORTUŃSKI Jan | x | 12.45 | 12.81 | 12.45 | | |
| | +0.5 | -0.9 | -0.6 | +0.4 | | |

KOBIETY/WOMEN

100 metrów kobiet

Bieg 1/5 brak wiatru

| | | | | | | | | |
|---|--------------------|----------|-------------------------------|----|-------|----|--|-----|
| 1 | STRUZIK Alicja | 01-06-09 | LKS Stal Mielec | PK | 12.13 | | | 150 |
| 2 | GREINER Olivia | 04-04-22 | AZS KU Politechniki Opolskiej | OP | 12.16 | | | 149 |
| 3 | MIKIEWICZ Dominika | 01-06-19 | KS Podlasie Białystok | PD | 12.20 | | | 147 |
| 4 | SEŃ Martyna | 05-08-08 | KS Agros Zamość | LU | 12.21 | | | 147 |
| 5 | GAWĘŁ Martyna | 04-03-27 | LKS Stal Mielec | PK | 12.33 | | | 142 |
| 6 | SOBCZYK Kamila | 02-04-27 | OKS Skra Warszawa | MZ | 12.51 | | | 134 |
| 7 | KUŹNIARZ Amelia | 05-03-15 | KS Agros Zamość | LU | 13.42 | PB | | 92 |

Bieg 2/5

| | | | | | | | | |
|---|-------------------|----------|--------------------|----|-------|--|--|-----|
| 1 | WÓJTOWICZ Emilia | 03-10-13 | AZS UMCS Lublin | LU | 12.67 | | | 126 |
| 2 | LÜDTKE Martyna | 03-02-13 | MKS MOS Wrocław | DS | 12.87 | | | 118 |
| 3 | SITEK Zuzanna | 03-08-08 | MKS MOS Wrocław | DS | 12.97 | | | 113 |
| 4 | CZĘCZEK Michalina | 04-12-13 | KS AZS UWM Olsztyn | WN | 12.99 | | | 112 |
| 5 | ŻĄBSKA Emilia | 04-03-29 | MKS MOS Wrocław | DS | 13.09 | | | 108 |
| 6 | ADAMSKA Marta | 04-01-08 | MKL Szczecin | ZP | 13.28 | | | 100 |
| 7 | WIŚNIEWSKA Oliwia | 03-11-19 | OKS Skra Warszawa | MZ | 13.28 | | | 100 |

Bieg 3/5

| | | | | | | | | |
|---|----------------------|----------|-------------------------------|----|-------|----|--|-----|
| 1 | SZYŃAL Patrycja | 03-09-20 | MKL Szczecin | ZP | 13.02 | SB | | 111 |
| 2 | RYDELEK Alicja | 02-11-11 | MKL Szczecin | ZP | 13.19 | | | 104 |
| 3 | JANUCHTA Kinga | 05-01-05 | KS AZS UWM Olsztyn | WN | 13.31 | | | 99 |
| 4 | MAZUR Zuzanna | 04-02-24 | AZS KU Politechniki Opolskiej | OP | 13.39 | | | |
| 5 | JACKOWSKA Amelia | 06-08-21 | RKS Łódź | LD | 13.39 | | | 96 |
| 6 | WŁOŚCIAŃSKA Patrycja | 03-10-02 | RKS Łódź | LD | 13.49 | PB | | 92 |
| 7 | CIOŚ Angelika | 04-10-26 | KS Agros Zamość | LU | 13.66 | | | 86 |

Bieg 4/5

| | | | | | | | | |
|---|---------------------|----------|-----------------------|----|-------|--|--|----|
| 1 | MIŚTA Dominika | 04-07-15 | KKL Kielce | SK | 13.45 | | | PK |
| 2 | WINIARCZYK Wiktoria | 03-04-09 | MKL Szczecin | ZP | 13.71 | | | PK |
| 3 | PINKOSZ Julia | 04-08-31 | MKS MOS Wrocław | DS | 13.81 | | | PK |
| 4 | SUSZYŃSKA Patrycja | 04-04-17 | KS Podlasie Białystok | PD | 14.00 | | | PK |



FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

| | | | | | | | |
|------------------------------|----------------------|----------|-------------------------------|-------|---------|-----|-----|
| 5 | KSEPKO Katarzyna | 03-01-10 | KS Podlasie Białystok | PD | 14.32 | | PK |
| Bieg 5/5 | | +0,6 | | 13:07 | | | |
| 1 | ZACHARZ Julia | 05-01-17 | KKL Kielce | SK | 13.07 | | PK |
| 2 | JANISZEWSKA Maja | 06-12-18 | KKL Kielce | SK | 13.38 | | PK |
| 3 | PIASECKA Karolin | 07-01-01 | OLA Podlaskie | PD | 13.73 | | PK |
| 4 | BOREK Alicja | 05-05-14 | KKL Kielce | SK | 13.77 | | PK |
| 200 metrów kobiet | | | | | | | |
| Bieg 1/2 | | -0,2 | | 12:33 | | | |
| 1 | DROZD Wiktoria | 01-09-20 | AZS UMCS Lublin | LU | 25.59 | | 134 |
| 2 | PODWIKA Lena | 02-12-12 | MKS MOS Wrocław | DS | 25.95 | | 127 |
| 3 | SUCHENEK Aleksandra | 05-12-17 | OKS Skra Warszawa | MZ | 26.15 | PB | 123 |
| 4 | KRAUZE Martyna | 03-10-19 | MKS MOS Wrocław | DS | 26.18 | | 122 |
| 5 | IWANIUK Magdalena | 02-06-21 | KS Podlasie Białystok | PD | 26.42 | | 117 |
| 6 | CZARNECKA Aleksandra | 02-06-29 | KS AZS UWM Olsztyn | WN | 26.83 | | 109 |
| Bieg 2/2 | | +1,0 | | 12:37 | | | |
| 1 | SADURSKA Lena | 04-06-20 | KS AZS UWM Olsztyn | WN | 25.89 | PB | 128 |
| 2 | NOWAK Aleksandra | 01-01-12 | RKS Łódź | LD | 26.82 | | 109 |
| 3 | KULAKOWSKA Dominika | 05-06-14 | KS AZS UWM Olsztyn | WN | 26.94 | | 107 |
| 4 | KUNCEWICZ Tamara | 04-01-17 | MKS MOS Wrocław | DS | 27.10 | | * |
| 5 | RAROT Roksana | 04-05-05 | KS Agros Zamość | LU | 27.11 | | 105 |
| 400 metrów kobiet | | | | | | | |
| Bieg 1/2 | | | | 12:12 | | | |
| 1 | ŚMIETANKA Olga | 03-03-15 | KS Agros Zamość | LU | 59.55 | | 117 |
| 2 | LIS Aleksandra | 04-02-20 | KS AZS UWM Olsztyn | WN | 60.05 | | 113 |
| 3 | BIELAKOW Katarzyna | 04-05-22 | KS AZS UWM Olsztyn | WN | 60.36 | | 111 |
| 4 | KUBICKA Julia | 02-12-09 | KS AZS UWM Olsztyn | WN | 60.40 | | 110 |
| 5 | SKRZYNIARZ Oliwia | 03-11-24 | KKL Kielce | SK | 60.68 | PB | 108 |
| 6 | BIELIŃSKA Weronika | 01-07-04 | KS Agros Zamość | LU | 61.13 | | 105 |
| 7 | JASZCZAK Aleksandra | 04-06-29 | AZS KU Politechniki Opolskiej | OP | 61.42 | | 103 |
| 8 | GAŁKA Ada | 03-03-03 | AZS KU Politechniki Opolskiej | OP | 62.54 | | * |
| Bieg 2/2 | | | | 12:15 | | | |
| 1 | ŚWIĘTEK Aleksandra | 04-10-24 | LKS Stal Mielec | PK | 62.58 | PB | PK |
| 2 | MASTERNAK Oliwia | 04-07-27 | KKL Kielce | SK | 63.40 | | PK |
| 3 | KARWOWSKA Maja | 05-03-09 | KS Podlasie Białystok | PD | 65.34 | | PK |
| 800 metrów kobiet | | | | | | | |
| 1 | WAL Martyna | 06-12-19 | LKS Stal Mielec | PK | 2:10.93 | PB | 144 |
| 2 | WAL Olga | 06-12-19 | LKS Stal Mielec | PK | 2:14.05 | =PB | 133 |
| 3 | BEŁCZEW Oliwia | 06-04-09 | KKL Kielce | SK | 2:15.87 | PB | 127 |
| 4 | JAGUŚCIK Julia | 03-12-16 | RKS Łódź | LD | 2:16.98 | | 124 |
| 5 | DUBAN Aleksandra | 05-01-11 | OKS Skra Warszawa | MZ | 2:17.71 | PB | 122 |
| 6 | ORZECHOWSKA Dorota | 05-09-27 | KS AZS UWM Olsztyn | WN | 2:30.50 | | * |
| 7 | DOMURAT Wiktoria | 02-04-06 | KS AZS UWM Olsztyn | WN | 2:42.89 | | * |
| Międzyczasy | | | | | | | |
| 400m | 170 Martyna WAL | 62,62 | | | | | |
| 1500 metrów kobiet | | | | | | | |
| 1 | KARPIUK Małgorzata | 03-01-04 | KS Podlasie Białystok | PD | 4:44.86 | PB | 120 |
| 2 | SARNECKA Oliwia | 01-12-20 | MKL Szczecin | ZP | 4:50.80 | | 111 |
| 3 | OLEJNICZAK Magdalena | 02-05-17 | MKL Szczecin | ZP | 4:57.62 | PB | 97 |
| 4 | PĘTLICKA Julia | 02-01-02 | KS AZS UWM Olsztyn | WN | 4:58.51 | | 95 |
| Międzyczasy | | | | | | | |
| 400m | 270 Oliwia SARNECKA | 1:18,5 | | | | | |
| 800m | 270 Oliwia SARNECKA | 2:33,9 | | | | | |
| 1200m | 270 Oliwia SARNECKA | 3:48,8 | | | | | |
| 100 m pł K U18 (76,2) | | | | | | | |
| Bieg 1/2 | | +0,7 | | 13:52 | | | |
| 1 | SIELSKA Alicja | 03-07-12 | KS Agros Zamość | LU | 14.04 | | 159 |
| 2 | LANDOWSKA Zofia | 03-03-03 | OKS Skra Warszawa | MZ | 14.66 | | 145 |
| 3 | TYLAK Martyna | 03-08-02 | MKS MOS Wrocław | DS | 14.73 | | 143 |
| 4 | GÓRECZNA Julia | 03-12-21 | MKS MOS Wrocław | DS | 15.11 | | 136 |
| 5 | ZACZKIEWICZ Oliwia | 03-12-04 | KS Podlasie Białystok | PD | 15.19 | | 134 |
| 6 | ŁOKIETKO Natalia | 04-02-22 | MKS MOS Wrocław | DS | 15.24 | | 134 |
| 7 | CIESIELSKA Kinga | 03-03-11 | KKL Kielce | SK | 15.46 | | 129 |
| Bieg 2/2 | | 0,0 | | 13:57 | | | |
| 1 | ZEGAN Julia | 05-01-25 | OKS Skra Warszawa | MZ | 14.79 | PB | 142 |
| 2 | KROK Agnieszka | 04-08-29 | AZS KU Politechniki Opolskiej | OP | 14.99 | PB | 138 |
| 3 | ANTONOWICZ Dominika | 05-08-07 | KS Podlasie Białystok | PD | 15.03 | | 138 |
| 4 | TYNIEWICKA Emilia | 04-08-27 | KS Podlasie Białystok | PD | 16.19 | | 115 |



FINAŁ SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

100 metrów ppł K U20

| | | | | | | |
|-------------------|----------|-----------------|----|-------|--|-----|
| FINAŁ A | 0,0 | | | 13:57 | | |
| 1 ROMASZKO Monika | 02-04-13 | KS Agros Zamość | LU | 14.40 | | 151 |

400 m ppł kobiet

| | | | | | | |
|--------------------|----------|--------------------|----|-------|--|-----|
| 1 SKOWRONEK Anna | 04-02-12 | KKL Kielce | SK | 63.45 | | 137 |
| 2 TARACHA Weronika | 02-03-28 | AZS UMCS Lublin | LU | 65.76 | | 122 |
| 3 LEMANOWICZ Maja | 01-12-05 | KS AZS UWM Olsztyn | WN | 66.52 | | 118 |

4x100 metrów K

| | | | | | | |
|----------|--|-----------------|----|-------|--|-----|
| Bieg 1/2 | | | | 14:25 | | |
| 1 | | KS Agros Zamość | LU | 48.32 | | 153 |

| | | | | | | |
|---|--------------------|----------|--|--|--|--|
| 1 | 1 Alicja SIELSKA | 03-07-12 | | | | |
| | 79 Amelia KUŹNIARZ | 05-03-15 | | | | |
| | 84 Monika ROMASZKO | 02-04-13 | | | | |
| | 85 Martyna SEŃ | 05-08-08 | | | | |

| | | | | | | |
|---|-------------------------|-------------------|----|-------|--|-----|
| 2 | | OKS Skra Warszawa | MZ | 48.50 | | 151 |
| | 126 Kamila SOBCZYK | 02-04-27 | | | | |
| | 128 Aleksandra SUCHENEK | 05-12-17 | | | | |
| | 130 Oliwia WIŚNIEWSKA | 03-11-19 | | | | |
| | 120 Zofia LANDOWSKA | 03-03-03 | | | | |

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|---|------------------|-----------------|----|-------|--|-----|
| 3 | | MKS MOS Wrocław | DS | 48.62 | | 149 |
| | 23 Emilia ŻABSKA | 04-03-29 | | | | |
| | 8 Martyna LÜDTKE | 03-02-13 | | | | |
| | 20 Martyna TYLAK | 03-08-02 | | | | |
| | 15 Lena PODWIKA | 02-12-12 | | | | |

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|---|----------------------|---------------------|----|-------|--|-----|
| 4 | | 89-04-05 KKL Kielce | SK | 51.58 | | 122 |
| | 229 Julia ZACHARZ | 05-01-17 | | | | |
| | 214 Oliwia MASTERNAK | 04-07-27 | | | | |
| | 216 Dominika MIŚTA | 04-07-15 | | | | |
| | 205 Alicja BOREK | 05-05-14 | | | | |

| | | | | | | |
|---|-------------------------|-------------------------------|----|-------|--|-----|
| 5 | | AZS KU Politechniki Opolskiej | OP | 51.92 | | 119 |
| | 145 Klaudia KRONBURG | 02-04-11 | | | | |
| | 139 Aleksandra JASZCZAK | 04-06-29 | | | | |
| | 146 Zuzanna MAZUR | 04-02-24 | | | | |
| | 141 Katarzyna KOKOT | 04-01-05 | | | | |

| | | | | | | |
|---|--------------------------|----------|----|-------|--|-----|
| 6 | | RKS Łódź | LD | 53.25 | | 107 |
| | 94 Julia JACAK | 04-08-29 | | | | |
| | 109 Malwina PLAK | 02-01-08 | | | | |
| | 103 Aleksandra NOWAK | 01-01-12 | | | | |
| | 112 Patrycja WŁOŚCIANSKA | 03-10-02 | | | | |

| | | | | | | |
|----------|--|-----------------------|----|-------|--|-----|
| Bieg 2/2 | | | | 14:29 | | |
| 1 | | KS Podlasie Białystok | PD | 49.01 | | 146 |

| | | | | | | |
|--|-------------------------|----------|--|--|--|--|
| | 176 Dominika ANTONOWICZ | 05-08-07 | | | | |
| | 191 Dominika MIKIEWICZ | 01-06-19 | | | | |
| | 198 Emila TYNIEWICKA | 04-08-27 | | | | |
| | 202 Dominika ZUBRZYCKA | 05-10-26 | | | | |

| | | | | | | |
|---|------------------------|-----------------|----|-------|--|-----|
| 2 | | LKS Stal Mielec | PK | 49.22 | | 144 |
| | 164 Julia STOBIERSKA | 03-01-10 | | | | |
| | 155 Martyna GAWEŁ | 04-03-27 | | | | |
| | 165 Alicja STRUZIŁ | 01-06-09 | | | | |
| | 168 Aleksandra ŚWIĘTEK | 04-10-24 | | | | |

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|---|--------------------------|--------------------|----|-------|--|-----|
| 3 | | KS AZS UWM Olsztyn | WN | 49.60 | | 140 |
| | 234 Aleksandra CZARNECKA | 02-06-29 | | | | |
| | 235 Michalina CZĘCZEK | 04-12-13 | | | | |
| | 240 Julia KUBICKA | 02-12-09 | | | | |
| | 241 Dominika KUŁAKOWSKA | 05-06-14 | | | | |

| | | | | | | |
|---|-------------------------|--------------|----|-------|--|-----|
| 4 | | MKL Szczecin | ZP | 50.66 | | 131 |
| | 253 Marta ADAMSKA | 04-01-08 | | | | |
| | 269 Alicja RYDELEK | 02-11-11 | | | | |
| | 272 Patrycja SZYNAL | 03-09-20 | | | | |
| | 273 Wiktoria WINIARCZYK | 03-04-09 | | | | |

| | | | | | | |
|---|----------------------|-----------------|----|-------|--|-----|
| 5 | | AZS UMCS Lublin | LU | 52.08 | | 118 |
| | 61 Kinga SAJNA | 02-05-20 | | | | |
| | 51 Laura GRYKAŁOWSKA | 02-06-17 | | | | |
| | 47 Paulina CHMIEL | 04-03-03 | | | | |
| | 67 Emilia WÓJTOWICZ | 03-10-13 | | | | |

| | | | | | | |
|---|---------------------|-----------------------------------|----|-------|--|----|
| 6 | | 90-02-12 MLKS Nadwiślanin Chełmno | KP | 54.69 | | 96 |
| | 29 Lena KARULSKA | 06-03-27 | | | | |
| | 44 Agata WIŚNIEWSKA | 01-02-13 | | | | |



FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

| | | | | | | | | | | | | | | | | |
|-----------------------------------|------------------------|----------|-------------------------------|----|----------|-------|-------|-------|-----|-----|-----|-----|-----|-----|-----|-----|
| 40 | Wiktoria SIEMBRZUCH | 01-05-13 | | | | | | | | | | | | | | |
| 25 | Agata FORNEY | 05-08-28 | | | | | | | | | | | | | | |
| 5000 m chód kobiet | | | | | | | | | | | | | | | | |
| 1 | ZDZIEBŁO Anna | 01-11-20 | LKS Stal Mielec | PK | 26:09.00 | PB | | | | | | | | | 128 | |
| 2 | MAŁASZEWICZ Julita | 04-09-28 | LKS Stal Mielec | PK | 26:39.74 | | | | | | | | | | 123 | |
| 3 | OLLER Patrycja | 01-01-13 | MLKS Nadwiślanin Chełmno | KP | 27:45.13 | | | | | | | | | | 112 | |
| Międzyczasy | | | | | | | | | | | | | | | | |
| 1000m | 159 Julita MAŁASZEWICZ | | | | 5:09.75 | | | | | | | | | | | |
| 2000m | 159 Julita MAŁASZEWICZ | | | | 10:16.9 | | | | | | | | | | | |
| 3000m | 159 Julita MAŁASZEWICZ | | | | 15:39.2 | | | | | | | | | | | |
| 4000m | 159 Julita MAŁASZEWICZ | | | | 21:07.1 | | | | | | | | | | | |
| Pchnięcie kulą K U20 (4kg) | | | | | | | | | | | | | | | | |
| 1 | ŁUCZAK Wiktoria | 02-09-27 | KS Agros Zamość | LU | 13.06 | | | | | | | | | | 141 | |
| 2 | GŁADKOWSKA Kornelia | 02-11-19 | MKL Szczecin | ZP | 10.33 | | | | | | | | | | 111 | |
| | ŁUCZAK Wiktoria | | | | 12.23 | 13.06 | x | 12.74 | | | | | | | | |
| | GŁADKOWSKA Kornelia | | | | 9.71 | 10.33 | 9.01 | 9.65 | | | | | | | | |
| Pchnięcie kulą K U18 (3kg) | | | | | | | | | | | | | | | | |
| 1 | CHARKIEWICZ Wiktoria | 03-03-28 | KS Podlasie Białystok | PD | 13.52 | PB | | | | | | | | | 130 | |
| 2 | RAKOWICZ Martyna | 03-08-09 | KS Podlasie Białystok | PD | 12.25 | | | | | | | | | | 111 | |
| 3 | GŁOWACKA Martyna | 06-04-20 | MLKS Nadwiślanin Chełmno | KP | 11.22 | | | | | | | | | | 99 | |
| | CHARKIEWICZ Wiktoria | | | | 12.14 | 13.13 | 13.11 | 13.52 | | | | | | | | |
| | RAKOWICZ Martyna | | | | 12.03 | 11.18 | x | 12.25 | | | | | | | | |
| | GŁOWACKA Martyna | | | | 10.42 | 11.22 | 10.58 | 10.49 | | | | | | | | |
| Rzut oszczepem K U18 (500) | | | | | | | | | | | | | | | | |
| 1 | DERKACH Wiktoria | 05-05-19 | MKL Szczecin | ZP | 44.05 | PB | | | | | | | | | 127 | |
| 2 | PIERÓG Alicja | 03-03-07 | MKL Szczecin | ZP | 33.01 | | | | | | | | | | * | |
| | DERKACH Wiktoria | | | | 36.20 | 44.05 | 39.57 | 41.03 | | | | | | | | |
| | PIERÓG Alicja | | | | 33.01 | x | 30.57 | 30.44 | | | | | | | | |
| Rzut oszczepem K U20 (600) | | | | | | | | | | | | | | | | |
| 1 | SIEMBRZUCH Wiktoria | 01-05-13 | MLKS Nadwiślanin Chełmno | KP | 45.19 | | | | | | | | | | 145 | |
| 2 | PEITLER Alicja | 02-03-01 | MKL Szczecin | ZP | 31.71 | | | | | | | | | | * | |
| | SIEMBRZUCH Wiktoria | | | | 40.79 | 45.19 | 41.28 | 43.58 | | | | | | | | |
| | PEITLER Alicja | | | | 29.38 | 30.91 | 31.71 | 29.89 | | | | | | | | |
| Rzut dyskiem kobiet (1kg) | | | | | | | | | | | | | | | | |
| 1 | MUSZYŃSKA Weronika | 01-04-05 | AZS UMCS Lublin | LU | 40.93 | | | | | | | | | | 137 | |
| 2 | USOWSKA Klaudia | 04-07-07 | MLKS Nadwiślanin Chełmno | KP | 29.49 | | | | | | | | | | 97 | |
| | MUSZYŃSKA Weronika | | | | 40.93 | 39.50 | x | 39.61 | | | | | | | | |
| | USOWSKA Klaudia | | | | 27.63 | x | x | 29.49 | | | | | | | | |
| Skok wzwyż kobiet | | | | | | | | | | | | | | | | |
| 1 | KOKOT Katarzyna | 04-01-05 | AZS KU Politechniki Opolskiej | OP | 1.72 | | | | | | | | | | 145 | |
| 2 | LIPSKA Ewelina | 01-03-28 | KS Podlasie Białystok | PD | 1.65 | | | | | | | | | | 130 | |
| 3 | OWCZAREK Patrycja | 02-11-23 | RKS Łódź | LD | 1.65 | | | | | | | | | | 130 | |
| 4 | WIŚNIEWSKA Agata | 01-02-13 | MLKS Nadwiślanin Chełmno | KP | 1.58 | | | | | | | | | | 110 | |
| 5 | SZULC Kalina | 05-09-30 | MLKS Nadwiślanin Chełmno | KP | 1.58 | | | | | | | | | | 110 | |
| 6 | MOLEK Oliwia | 04-07-20 | LKS Stal Mielec | PK | 1.58 | | | | | | | | | | 110 | |
| 7 | KAŻMIERCZAK Weronika | 02-01-26 | RKS Łódź | LD | 1.58 | | | | | | | | | | 110 | |
| 8 | JACAK Julia | 04-08-29 | RKS Łódź | LD | 1.54 | | | | | | | | | | 101 | |
| 9 | KARULSKA Lena | 06-03-27 | MLKS Nadwiślanin Chełmno | KP | 1.54 | | | | | | | | | | 101 | |
| | KOKOT Katarzyna | | | | 140 | 145 | 150 | 154 | 158 | 162 | 165 | 168 | 170 | 172 | 174 | 176 |
| | LIPSKA Ewelina | | | | - | - | o | o | o | o | o | o | xxo | o | xr | |
| | OWCZAREK Patrycja | | | | - | - | o | o | o | o | xo | xxx | | | | |
| | WIŚNIEWSKA Agata | | | | - | - | o | o | o | xxr | | | | | | |
| | SZULC Kalina | | | | - | o | o | xxo | o | xxx | | | | | | |
| | MOLEK Oliwia | | | | o | o | xo | xo | xo | xxx | | | | | | |
| | KAŻMIERCZAK Weronika | | | | - | - | o | - | xxo | xr | | | | | | |
| | JACAK Julia | | | | - | o | xo | o | xxx | | | | | | | |
| | KARULSKA Lena | | | | - | o | o | xxo | xxx | | | | | | | |
| Rzut młotem K U20 (4kg) | | | | | | | | | | | | | | | | |
| 1 | BOMBA Karolina | 02-01-11 | OKS Skra Warszawa | MZ | 52.20 | | | | | | | | | | 156 | |
| 2 | GIMIŃSKA Paulina | 01-02-16 | MLKS Nadwiślanin Chełmno | KP | 43.99 | | | | | | | | | | 132 | |
| 3 | PAWŁOWSKA Honorata | 02-11-28 | OKS Skra Warszawa | MZ | 43.66 | PB | | | | | | | | | 131 | |
| 4 | LENKIEWICZ Aneta | 02-08-29 | KS Agros Zamość | LU | 33.72 | | | | | | | | | | 99 | |
| | BOMBA Karolina | | | | 46.06 | 50.78 | 52.20 | 50.74 | | | | | | | | |
| | GIMIŃSKA Paulina | | | | 42.56 | 43.99 | x | 42.80 | | | | | | | | |
| | PAWŁOWSKA Honorata | | | | 38.27 | x | 43.66 | 40.60 | | | | | | | | |
| | LENKIEWICZ Aneta | | | | 32.06 | 33.72 | x | x | | | | | | | | |



Ministerstwo
Sportu



FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

Rzut młotem K U18 (3kg)

| | | | | | | |
|---|-------------------|----------|-------------------|----|-------|-----|
| 1 | WIJAS Wiktoria | 03-02-06 | KKL Kielce | SK | 55.93 | 145 |
| 2 | DUSZKIEWICZ Maria | 04-04-07 | LKS Stal Mielec | PK | 53.81 | 141 |
| 3 | SZADY Julia | 04-08-19 | LKS Stal Mielec | PK | 52.44 | 137 |
| 4 | JABŁOŃSKA Dagmara | 03-06-19 | KS Agros Zamość | LU | 50.31 | 130 |
| 5 | CZERWIŃSKA Maria | 04-06-04 | AZS UMCS Lublin | LU | 49.83 | 128 |
| 6 | PAŁYGA Zuzanna | 05-02-25 | KKL Kielce | SK | 49.72 | 128 |
| 7 | MAZUR Natalia | 05-09-12 | AZS UMCS Lublin | LU | 46.70 | 117 |
| 8 | JAWORSKA Ksymena | 03-11-26 | OKS Skra Warszawa | MZ | 46.15 | 115 |
| 9 | WICHA Oliwia | 04-04-01 | AZS UMCS Lublin | LU | 41.91 | * |

| | I | II | III | IV | V | VI |
|-------------------|-------|-------|-------|-------|---|----|
| WIJAS Wiktoria | x | x | 55.93 | x | | |
| DUSZKIEWICZ Maria | 52.55 | 53.81 | x | x | | |
| SZADY Julia | x | 51.24 | 52.44 | 52.14 | | |
| JABŁOŃSKA Dagmara | 50.31 | x | 48.66 | x | | |
| CZERWIŃSKA Maria | 48.83 | 49.83 | x | x | | |
| PAŁYGA Zuzanna | 44.80 | 49.72 | x | 44.76 | | |
| MAZUR Natalia | x | x | 46.70 | 46.29 | | |
| JAWORSKA Ksymena | x | 44.77 | x | 46.15 | | |
| WICHA Oliwia | 41.91 | x | x | 41.66 | | |

Skok o tyczce kobiet

| | | | | | | |
|----|---------------------|----------|-------------------|----|------|---------|
| 1 | ŁYKO Anna | 01-05-30 | MKS MOS Wrocław | DS | 3.90 | 172 |
| 2 | BISKUPSKA Natalia | 05-08-16 | KKL Kielce | SK | 3.50 | PB 154 |
| 3 | JÓŹWIAK Zofia | 01-06-02 | RKS Łódź | LD | 3.40 | PB 150 |
| 4 | PLAK Malwina | 02-01-08 | RKS Łódź | LD | 3.40 | 150 |
| 5 | OLSZEWSKA Natalia | 04-12-15 | OKS Skra Warszawa | MZ | 3.20 | 140 |
| 6 | GABORSKA Zofia | 04-08-04 | MKL Szczecin | ZP | 3.10 | PB 135 |
| 7 | JASTRZĄB Zofia | 06-12-19 | KKL Kielce | SK | 3.00 | 130 |
| 8 | MARCINIĄK Kalina | 04-06-28 | RKS Łódź | LD | 2.90 | PB 123 |
| 9 | STASZEWSKA Zuzanna | 02-10-24 | OKS Skra Warszawa | MZ | 2.90 | =PB 123 |
| 10 | TOKARZEWSKA Zuzanna | 04-07-27 | OKS Skra Warszawa | MZ | 2.60 | =PB 104 |

| | 240 | 260 | 270 | 280 | 290 | 300 | 310 | 320 | 330 | 340 | 350 | 360 | 370 | 380 | 390 | 400 |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| ŁYKO Anna | - | - | - | - | - | - | - | - | - | - | - | o | - | xo | xxo | xxx |
| BISKUPSKA Natalia | - | o | - | o | - | o | o | o | o | xo | xxo | xxx | | | | |
| JÓŹWIAK Zofia | - | - | - | o | - | o | o | o | o | xo | xxx | | | | | |
| PLAK Malwina | - | - | - | o | - | o | o | o | xxo | xxo | xxx | | | | | |
| OLSZEWSKA Natalia | - | - | - | - | - | o | o | xxx | | | | | | | | |
| GABORSKA Zofia | o | o | xxo | o | xo | o | xxo | xxx | | | | | | | | |
| JASTRZĄB Zofia | - | o | - | o | o | o | xxx | | | | | | | | | |
| MARCINIĄK Kalina | o | o | - | xo | xo | xxx | | | | | | | | | | |
| STASZEWSKA Zuzanna | o | xo | - | xxo | xo | xxx | | | | | | | | | | |
| TOKARZEWSKA Zuzanna | xo | o | xxx | | | | | | | | | | | | | |

Skok w dal kobiet

| | | | | | | | |
|---|--------------------|----------|-------------------------------|----|------|------|-----|
| 1 | KRONBURG Klaudia | 02-04-11 | AZS KU Politechniki Opolskiej | OP | 5.59 | +1.2 | 129 |
| 2 | CZERWIŃSKA Natalia | 02-10-27 | KS Podlasie Białystok | PD | 5.38 | +1.8 | 112 |
| 3 | SAJNA Kinga | 02-05-20 | AZS UMCS Lublin | LU | 4.88 | +0.3 | * |

| | I | II | III | IV | V | VI |
|--------------------|------|------|------|------|---|----|
| KRONBURG Klaudia | 5.39 | 5.59 | 5.40 | 5.42 | | |
| | -0.4 | +1.2 | +0.6 | -0.2 | | |
| CZERWIŃSKA Natalia | 4.99 | 5.38 | 5.11 | x | | |
| | +0.8 | +1.8 | +0.5 | +0.9 | | |
| SAJNA Kinga | 4.87 | 4.88 | 4.84 | 4.72 | | |
| | +0.9 | +0.3 | -2.1 | -1.0 | | |

Trójskok kobiet

| | | | | | | | |
|---|------------------|----------|-----------------|----|-------|------|-----|
| 1 | STASZCZUK Kinga | 03-02-05 | KS Agros Zamość | LU | 11.69 | -0.9 | 124 |
| 2 | STOBIERSKA Julia | 03-01-10 | LKS Stal Mielec | PK | 11.05 | -0.3 | 105 |
| 3 | TORBA Gabriela | 01-09-30 | LKS Stal Mielec | PK | 10.61 | -0.6 | * |

| | I | II | III | IV | V | VI |
|------------------|-------|-------|-------|-------|---|----|
| STASZCZUK Kinga | 11.51 | 11.55 | 11.69 | x | | |
| | +0.9 | -1.4 | -0.9 | -1.4 | | |
| STOBIERSKA Julia | 10.99 | 11.03 | 10.98 | 11.05 | | |
| | -0.1 | -0.8 | -0.1 | -0.3 | | |
| TORBA Gabriela | 10.61 | x | r | - | | |
| | -0.6 | +1.3 | r | - | | |

4x400 metrów Mix

| | | | | | |
|----------|----------------|-------------------------------|----|---------|-----|
| Bieg 1/2 | | | | 15:20 | |
| 1 | | AZS KU Politechniki Opolskiej | OP | 3:36.49 | 154 |
| 151 | Aleks STOKŁOSA | 02-01-21 | | | |
| 144 | Agnieszka KROK | 04-08-29 | | | |
| 138 | Olivia GREINER | 04-04-22 | | | |
| 135 | Robin BILIŃSKI | 01-06-29 | | | |



FINAL SUPERLIGI PZLA DRUŻYNOWYCH MISTRZOSTW POLSKI U20

BIAŁYSTOK, 10 PAŹDZIERNIKA 2020

| | | | | | |
|----------|-------------------------|--------------------------|----|---------|-----|
| 2 | | KS AZS UWM Olsztyn | WN | 3:37.50 | 151 |
| | Aleksandra LIS | 04-02-20 | | | |
| | 249 Lena SADURSKA | 04-06-20 | | | |
| | 250 Damian SOBÓL | 03-07-23 | | | |
| | 239 Jakub KOZACKI | 02-10-11 | | | |
| 3 | | 89-04-05 KKL Kielce | SK | 3:40.21 | 145 |
| | 223 Oliwia SKRZYNIARZ | 03-11-24 | | | |
| | 213 Adam MASACZYŃSKI | 01-02-05 | | | |
| | 222 Anna SKOWRONEK | 04-02-12 | | | |
| | 224 Jakub SOBURA-DURMA | 02-02-28 | | | |
| 4 | | RKS Łódź | LD | 3:44.95 | 134 |
| | 97 Maciej JOŃCZYK | 02-01-05 | | | |
| | 96 Julia JAGUŚCIK | 03-12-16 | | | |
| | 111 Jakub SZKUDLAREK | 01-01-17 | | | |
| | 95 Amelia JACKOWSKA | 06-08-21 | | | |
| 5 | | KS Agros Zamość | LU | 3:55.48 | 111 |
| | 76 Szymon KLUCZEK | 03-05-03 | | | |
| | 69 Weronika BIELIŃSKA | 01-07-04 | | | |
| | 90 Szymon WAWRYNKIEWICZ | 04-09-13 | | | |
| | 89 Olga ŚMIETANKA | 03-03-15 | | | |
| Bieg 2/2 | | | | 15:30 | |
| 1 | | AZS UMCS Lublin | LU | 3:38.92 | 147 |
| | 56 Mikołaj KOTYRA | 01-03-29 | | | |
| | 64 Weronika TARACHA | 02-03-28 | | | |
| | 59 Łukasz MIROSŁAW-PYDA | 04-01-15 | | | |
| | 49 Wiktoria DROZD | 01-09-20 | | | |
| 2 | | MKS MOS Wrocław | DS | 3:42.06 | 141 |
| | 21 Miłosz WIECZOREK | 03-02-27 | | | |
| | 6 Martyna KRAUZE | 03-10-19 | | | |
| | 17 Zuzanna SITEK | 03-08-08 | | | |
| | 5 Adam KADYŁO | 03-07-07 | | | |
| 3 | | LKS Stal Mielec | PK | 3:45.13 | 134 |
| | 173 Mateusz WĄŻ | 03-04-29 | | | |
| | 171 Olga WAL | 06-12-19 | | | |
| | 157 Kacper JAWORSKI | 03-06-04 | | | |
| | 170 Martyna WAL | 06-12-19 | | | |
| 4 | | KS Podlasie Białystok | PD | 3:52.12 | 119 |
| | 179 Michał DANILCZUK | 01-11-13 | | | |
| | 193 Szymon PIETRASZKO | 05-07-15 | | | |
| | 184 Magdalena IWANIUK | 02-06-21 | | | |
| | 200 Oliwia ZACZKIEWICZ | 03-12-04 | | | |
| 5 | | MLKS Nadwiślanin Chełmno | KP | 4:08.05 | * |
| | 28 Kacper JARZEMBSKI | 04-02-25 | | | |
| | 25 Agata FORNEY | 05-08-28 | | | |
| | 42 Kalina SZULC | 05-09-30 | | | |
| | 31 Karol MAĆKOWSKI | 04-05-11 | | | |

DELEGAT TECHNICZNY PZLA
SĘDZIA GŁÓWNY ZAWODÓW
KIEROWNIK TECHNICZNY
POMIAR CZASU FOTOFINIS LYNX

- IRENEUSZ KLER
- WALDEMAR SADŁOWSKI
- ANTONI DUDKO
- STANISŁAW KRZYWICKI



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