

The European Athletics 10.000 m Cup, Birmingham, GBR – 5.06. 2021

Mężczyźni

Seria A

1.	Morhad Amdouni	FRA	21 Jan 88	27:23.39	PB
2.	Bashir Abdi	BEL	10 Feb 89	27:24.41	PB
3.	Carlos Mayo	ESP	18 Sep 95	27:25.00	PB
4.	Nils Voigt	GER	2 May 97	27:49.04	PB
5.	Yann Schrub	FRA	20 Mar 96	27:49.64	PB
6.	Jesus Ramos	ESP	29 Apr 96	27:49.73	PB
7.	Marc Scott	GBR	21 Dec 93	27:49.94	
8.	Mo Farah	GBR	23 Mar 83	27:50.64	
9.	Nekagenet Crippa	ITA	16 Sep 94	27:51.93	PB
10.	Emile Cairess	GBR	27 Dec 97	27:53.19	PB
11.	Mehdi Frere	FRA	27 Jul 96	28:03.90	PB
12.	Tonosá Hiko	IRL	9 Oct 95	28:13.10	PB
13.	Matthew Leach	GBR	25 Sep 93	28:22.33	
14.	Kristian Jones	GBR	4 Mar 91	28:23.50	PB
15.	Tadesse Getahon	ISR	20 Dec 97	28:24.82	
16.	Mohamud Aadan	GBR	11 Jan 90	28:25.79	PB
17.	Mahamed Mahamed	GBR	18 Sep 97	28:26.77	PB
18.	Juan Pérez	ESP	6 Nov 88	28:27.91	
19.	Florian Carvalho	FRA	9 Mar 89	28:35.04	
20.	Hugo Milner	GBR	2 Sep 98	28:36.95	PB
21.	Alberto Mondazzi	ITA	21 Feb 98	28:38.97	PB
22.	Yago Rojo	ESP	23 Mar 95	28:43.70	
23.	Italo Quazzola	ITA	10 May 94	28:50.27	
24.	Nikolae Soare	ROU	25 Aug 91	28:50.66	
25.	Francois Barrer	FRA	8 Jun 93	28:52.88	
26.	Raul Celada	ESP	9 Sep 95	28:56.48	
27.	Ivan Strebkov	UKR	28 Sep 91	29:07.93	
28.	Krystian Zalewski (37.)	POL	11 Apr 89	29:11.48	
29.	Iliass Aouani	ITA	29 Sep 95	29:24.42	
30.	Francesco Breusa	ITA	20 Aug 98	29:28.98	
31.	Bukayaw Malede	ISR	1 Jan 97	29:32.50	
32.	Roman Romanenko	UKR	30 Jan 88	29:33.58	
33.	Fabien Palcau	FRA	22 Jun 97	30:24.31	
34.	Tachlowini Gabriyesos	ERI	1 Jan 98	30:29.91	
35.	Jorge Blanco	ESP	15 Jul 93	30:33.28	
–	Jake Smith	GBR	19 May 98	DNF	
–	Yitayew Abuhay	NED	1 Dec 96	DNF	
–	Samuel Barata	GBR	19 Jul 93	DNF	
–	Tom Anderson	GBR	12 Jan 90	DNF	
–	Seán Tobin	IRL	20 Jul 94	DNF	pace
–	David McNeill	AUS	6 Oct 86	DNF	pace

Seria B

1.	Pietro Riva	ITA	1 May 97	28:25.86	PB	
2.	Hlynur Andrésón	ISL	16 Sep 93	28:36.80		NR
3.	Tiidrek Nurme	EST	18 Nov 85	28:37.85	PB	
4.	Lahsene Bouchikhi	BEL	1 Jun 93	28:45.30	PB	
5.	Jamal Abdelmaji Eisa Mohammed	ART	25 Aug 93	28:52.64	PB	
6.	Mykola Nyzhnyk	UKR	26 Jul 95	28:52.98		
7.	Archibald Casteel	SWE	13 Aug 96	28:53.64	PB	
8.	Björn Koreman	NED	6 Mar 91	29:06.56	PB	
9.	Ellis Cross	GBR	22 Sep 96	29:10.82		
10.	Clement Deflandre	NED	14 Dec 97	29:15.02	PB	
11.	Nicolai Sake	BEL	4 Jun 96	29:19.96	PB	
12.	Miguel Marques	NED	10 Jan 95	29:22.20	PB	
13.	Nigel Martin	GBR	23 Mar 87	29:22.43	PB	
14.	Omar Ahmed	ETH	18 Apr 97	29:26.22	PB	
15.	Joshua Grace	GBR	11 May 93	29:30.22	PB	
16.	Calum Johnson	GBR	1 Jul 94	29:33.52	PB	
17.	Ihor Porozov	UKR	22 Mar 91	29:33.98		
18.	Roman Fosti	EST	6 Jun 83	29:40.29	PB	
19.	Ollie Lockley	GBR	9 Nov 93	29:41.40		
20.	Eero Saleva	GBR	7 Oct 95	29:47.43	PB	
21.	Jack Gray	GBR	4 Oct 93	29:58.93	PB	
22.	Ignas Brasevicius	LTU	21 Sep 84	29:59.42		
23.	Micheal Power	GBR	27 Jan 99	30:11.77	PB	
24.	Mitja Krevs	SLO	26 Jul 89	30:15.86		
25.	Jáchym Kovár	NED	25 May 96	30:20.56	PB	
26.	Jānis Viškers	LAT	30 Mar 89	30:32.65	PB	
27.	Marek Chrascina	CZE	16 Sep 97	30:37.50	PB	

28.	Matthew Clowes	GBR	29 Sep 89	30:40.03	
29.	Luke Micallef	MLT	25 Nov 89	31:59.67	PB
–	Fouad Idbafdil	MAR	9 Feb 88	DNF	
–	Cormac Dalton	IRL	1 Sep 98	DNF	
–	Paul O'Donnell	IRL	16 May 98	DNF	
–	Dereje Chekole	ISR	1 Jan 00	DNF	
–	Primož Kobe	SLO	23 May 81	DNF	
–	Adam Clarke	GBR	3 Apr 91	DNF	pace
–	Tom Marshall	GBR	12 Jun 89	DNF	pace

Seria C

1.	Max Milarvie	GBR	28 Jun 99	29:22.91	PB
2.	Paulos Surafel	GBR	12 Jan 97	29:25.62	PB
3.	Jonathan Escalante-Phillips	GBR	28 Jul 92	29:32.69	PB
4.	James Donald	GBR	18 Nov 98	29:35.65	PB
5.	Finn McNally	IRL	22 Sep 91	29:43.07	PB
6.	Timothy Lefroy	GBR	22 Nov 92	29:48.66	PB
7.	Andrew Fyfe	GBR	7 May 93	29:52.92	PB
8.	Jake O'Regan	IRL	5 Apr 93	29:53.06	
9.	Cameron Allan	GBR	4 Nov 99	29:59.42	PB
10.	Jonathan Glen	GBR	4 Oct 96	30:10.21	PB
11.	Phillip Crout	GBR	7 Apr 95	30:16.42	
12.	Charlie Davis	GBR	14 Jan 99	30:26.03	PB
13.	Daniel Racle	GBR	12 Dec 99	30:46.28	PB
14.	Corey De'Ath	GBR	16 Feb 96	31:46.29	PB
–	Emmet Jennings	IRL	1 Jan 90	DNF	
–	Alfie Manthorpe	GBR	1 Jan 90	DNF	
–	Charlie Brisley	GBR	29 Dec 01	DNF	
–	Joe Arthur	GBR	15 Jan 99	DNF	
–	Freddie Carcas	GBR	4 Sep 99	DNF	
–	Jamie Crowe	GBR	9 Jun 95	DNF	
–	Chris Thomas	GBR	13 Feb 94	DNF	
–	Dominic James	GBR	23 Oct 95	DNF	

Kobiety

Seria A

1.	Eilish McColgan	GBR	25 Nov 90	31:19.35	
2.	Selamawit Bayoulgn	ISR	24 Mar 94	31:19.50	PB
3.	Jessica Judd	GBR	7 Jan 95	31:20.96	PB
4.	Verity Ockenden	GBR	31 Aug 91	31:43.70	PB
5.	Amy-Eloise Markovc	GBR	5 Aug 95	32:04.38	
6.	Luiza Gega	ALB	5 Nov 88	32:16.25	NR
7.	Charlotte Arter	GBR	18 Jun 91	32:17.40	
8.	Susan Jeptoo	FRA	7 Mar 87	32:31.80	PB
9.	Samantha Harrison	GBR	1 Feb 95	32:39.20	PB
10.	Maitane Melero	ESP	20 Feb 83	32:41.34	
11.	Izabela Paszkiewicz (11.)	POL	9 Jan 88	32:44.20	PB
12.	Jenny Nesbitt	GBR	24 Jan 95	32:48.67	
13.	Jasmijn Lau	NED	11 Mar 99	32:53.93	
14.	Beth Kidger	GBR	16 Mar 94	32:54.75	PB
15.	Giovanna Epis	ITA	11 Jun 88	33:02.23	
16.	Mhairi MacLennan	GBR	26 Mar 95	33:02.71	
17.	Lizzie Lee	IRL	22 May 80	33:04.66	PB
18.	Eleanor Bolton	GBR	23 Apr 99	33:04.70	PB
19.	Melody Julien	FRA	13 May 99	33:10.61	NU23R
20.	Hannah Irwin	GBR	23 Jun 98	33:11.08	PB
21.	Clara Evans	GBR	27 Nov 93	33:39.19	
22.	Nina Lauwaert	BEL	6 Aug 88	33:45.80	
23.	Hanne Mjøløen Maridal	NOR	21 Sep 96	33:48.61	
24.	Marta Galimany	ESP	5 Oct 85	34:05.87	
25.	Kate Avery	GBR	10 Oct 91	34:14.57	
26.	Anna Bankowska (33.)	POL	31 Mar 90	34:15.16	
27.	Iwona Bernardelli (36.)	POL	19 Feb 85	34:49.99	
–	Samira Mezeghrane	FRA	29 Dec 79	DNF	
–	Renata Pliš	POL	5 Feb 85	DNF	
–	Natasha Cockram	GBR	12 Nov 92	DNF	
–	Michelle Finn	IRL	16 Dec 89	DNF	pace
–	Allison Cash	GBR		DNF	pace

Seria B

1.	Tereza Hrochová	CZE	24 Feb 96	33:00.00	PB
2.	Anna Arnaudo	ITA	18 Oct 00	33:02.70	PB
3.	Angelika Mach (23.)	POL	7 Sep 91	33:26.69	PB
4.	Rebecca Lonedo	ITA	5 Dec 96	33:27.56	PB
5.	Jekaterina Patjuk	EST	6 Apr 83	33:29.10	PB

6.	Ine Bakken	NOR	28 May 96	33:34.59	PB
7.	Federica Sugamiele	ITA	27 Apr 96	34:08.12	PB
8.	Sally Ratcliffe	GBR	14 Apr 94	34:39.68	PB
9.	Meghan Ryan	IRL	10 Apr 94	34:46.46	
10.	Karen Van Proeyen	BEL	18 Nov 84	34:57.27	PB
11.	Annabel Gummow	GBR	16 Sep 93	35:17.11	PB
12.	Neja Kršinar	SLO	27 Mar 91	35:23.25	
13.	Vaida Žūsinaité	LTU	13 Jan 88	35:31.44	
14.	Elisha Tait	GBR	26 Dec 99	35:40.54	PB
15.	Lisa Marie Bezzina	MLT	5 Nov 79	35:43.97	
16.	Kate Drew	GBR	21 Mar 97	36:36.99	
17.	Elizabeth Renondeau	GBR	31 May 79	37:10.61	PB
18.	Verity Hopkins	GBR	4 Jun 95	37:21.69	PB
–	Julia Mayer	GBR	20 Jan 93	DNF	
–	Marcela Joglová	CZE	28 Jul 87	DNF	
–	Martina Merlo	GER	19 Feb 93	DNF	
–	Sarah Astin	GBR	22 Oct 93	DNF	
–	Becky Briggs	GBR	2 Mar 00	DNF	
–	Nicole Taylor	GBR	18 Jan 95	DNF	
–	Kate Seary	GBR	13 Nov 96	DNF	pace
–	Rebecca Murray	GBR	26 Sep 94	DNF	pace
–	Saskia Millard	GBR	12 Jul 00	DNF	pace

Zalewski

3000 m – 8:29:72 5000 m – 14:14.74 14:56.48

1000 m

2:52.75 2:48.03 2:48.94 2:52.02 2:53.00 2:51.69 2:58.09 3:02.31 3:05.12 2:59.27

Paszkwicz

3000 m – 9:41.82 5000 m – 16:09.49

1000 m

3:14.38 3:13.72 3:13.71 3:13.59 3:14.06 3:15.93 3:19.88 3:21.22 3:23.75 3:13.69

200 m

38.54 39.79 39.36 37.86 38.82 38.83 39.04 38.39 39.01 38.43

38.71 38.44 39.00 38.64 38.89 38.32 38.32 38.45 39.35 39.14

38.82 37.78 39.15 38.86 39.40 38.49 39.40 39.02 39.39 39.61

39.93 39.79 39.86 40.35 39.94 40.25 40.45 40.38 40.25 39.89

40.65 40.72 41.02 40.15 41.17 39.45 38.83 38.54 38.50 38.34

Bańkowska

3000 m – 9:50:11 5000 m – 16:30.68

1000 m

3:16.81 3:15.31 3:17.99 3:19.28 3:21.27 3:22.02 3:32.22 3:37.55 3:38.27 3:34.19

200 m

39.11 40.36 39.61 38.65 39.06 39.40 38.79 38.84 39.25 39.00

39.42 39.08 39.60 39.65 40.21 39.86 39.72 40.24 39.94 39.50

39.97 40.54 40.25 40.15 40.35 39.97 40.20 40.20 40.42 41.22

41.83 42.19 42.73 43.25 42.22 43.57 43.21 42.62 44.94 43.20

43.09 42.10 44.69 44.35 44.02 44.24 44.98 43.53 42.10 39.32

Bernardelli

3000 m – 9:57:93 5000 m – 17:02.51

1000 m

3:19.12 3:15.25 3:23.55 3:30.75 3:33.83 3:33.81 3:34.47 3:34.78 3:32.59 3:31.55

200 m

40.70 40.50 39.72 38.75 39.44 39.04 38.96 38.54 39.11 39.57

40.29 40.04 40.15 42.31 40.72 40.92 42.23 42.25 42.94 42.38

42.84 42.63 43.01 42.32 43.00 42.17 42.71 42.91 43.27 42.75

42.88 42.62 43.17 42.37 43.42 42.81 43.27 42.36 43.47 42.86

43.36 42.50 41.47 42.49 42.76 42.15 43.07 42.39 41.68 42.25

Plíš

3000 m – 9:49:15 5000 m – 16:28.92

1000 m

3:16.49 3:15.22 3:17.41 3:17.87 3:21.88 3:21.83

200 m

39.72 39.39 39.72 38.70 38.94 39.40 38.90 38.72 39.26 38.93

39.28 38.76 39.43 39.69 40.24 39.50 39.88 38.90 39.38 40.17

40.46 40.21 40.03 40.47 40.70 40.57 40.08 40.52 40.45 40.19

41.14 41.47

Mach

3000 m – 10:00.09 5000 m – 16:38.72

1000 m

3:21.25 3:19.36 3:19.47 3:19.77 3:18.86 3:21.93 3:18.80 3:21.47 3:24.56 3:21.06

200 m

38.57 40.58 41.17 40.29 40.61 39.97 39.57 39.79 39.86 40.13

40.02 39.84 39.95 40.07 39.57 40.08 40.47 40.11 39.50 39.59

39.75	40.54	39.94	39.49	39.11	40.00	39.47	40.56	41.08	40.79
39.26	39.97	39.03	40.53	39.97	39.77	40.17	40.44	40.65	40.42
40.17	40.27	40.69	40.70	42.72	42.11	41.16	41.35	39.47	36.96

Drużynowo
Mężczyźni

1	FRA	1:23:16.93	Morhad AMDOUNI Yann SCHRUB Mehdi FRÈRE	Race A: 1st 27:23.39 Race A: 5th 27:49.64 Race A: 11th, 28:03.90
2	GBR	1:23:33.77	Marc SCOTT Mo FARAH Emile CAIRESS	Race A: 7th 27:49.94 Race A: 8th 27:50.64 Race A: 10th 27:53.19
3	ESP	1:23:42.64	Carlos MAYO Jesús RAMOS Juan Antonio PÉREZ	Race A: 3rd 27:25.00 Race A: 6th 27:49.73 Race A: 18th 28:27.91
4	ITA	1:24:56.76	Nekagenet CRIPPA Pietro RIVA Alberto MONDAZZI	Race A: 9th 27:51.93 Race B: 1st 28:25.86 Race A: 21st 28:38.97
5	BEL	1:25:24.73	Bashir ABDI Lahsene BOUCHIKHI Clément DEFLANDRE	Race A: 2nd 27:24.41 Race B: 4th 28:45.30 Race B: 10th 29:15.02
6	UKR	1:27:34.49	Mykola NYZHNYK Ivan STREBKOV Roman ROMANENKO	Race B: 6th 28:52.98 Race A: 27th 29:07.93 Race A: 32nd 29:33.58

Kobiety

1	GBR	1:34:24.01	Eilish MCCOLGAN Jessica JUDD Verity OCKENDEN	Race A: 1st 31:19.35 Race A: 3rd 31:20.96 Race A: 4th 31:43.70
2	ITA	1:39:32.49	Giovanna EPIS Anna ARNAUDO Rebecca LONEDO	Race A: 15th 33:02.23 Race B: 2nd 33:02.70 Race B: 4th 33:27.56
3	POL	1:40:26.05	Izabela PASZKIEWICZ Angelika MACH Anna BAŃKOWSKA	Race A: 11th 32:44.20 Race B: 3rd 33:26.69 Race A: 26th 34:15.16